

ABSTRAK

STUDI KASUS PASIEN GANGGUAN KONSEP DIRI : HARGA DIRI RENDAH SITUASIONAL DI RUANG MELATI RSUD BANGIL

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Pada Era Globalisasi ini, semakin banyak masalah kehidupan yang harus dihadapi oleh semua individu, maka dampaknya semakin besar pula stressor yang diterima. Individu yang memiliki mekanisme koping yang buruk, akan merasa kesulitan untuk beradaptasi dengan permasalahan yang dihadapi. Kesulitan beradaptasi tersebut dapat menyebabkan gangguan jiwa pada individu. Individu yang mengalami tekanan emosional, *distress* dan *disfungsi* memiliki resiko yang lebih tinggi mengalami gangguan jiwa. Masalah keperawatan jiwa yang timbul salah satunya yaitu gangguan harga diri rendah. Harga diri rendah merupakan suatu kesedihan atau perasaan duka berkepanjangan. Hal ini dapat terjadi secara situasional. Secara situasional dapat disebabkan trauma yang terjadi secara tiba-tiba, misalnya perceraian, korban pemerkosaan dan putus sekolah. Penulisan karya tulis ilmiah ini menggunakan metode deskriptif dengan pendekatan studi kasus. Berdasarkan hasil pengkajian keperawatan, didapatkan data pada klien 1 pasien mengatakan merasa malu kepada keluarga dan tetangganya karena kakinya di amputasi dan klien 2 mengatakan malu dan merasa tidak berguna bagi keluarga, sehingga ditetapkan diagnosa keperawatan harga diri rendah situasional. Kriteria hasil yang digunakan dalam penelitian ini yaitu harga diri dengan intervensi strategi pelaksanaan harga diri rendah. Berdasarkan hasil implementasi keperawatan, didapatkan klien tampak kooperatif dalam mengikuti intervensi strategi pelaksanaan jiwa yang telah direncanakan oleh perawat. Setelah dilakukan implementasi keperawatan, klien 1 dan klien 2 sudah tidak malu terhadap kondisinya sehingga permasalahan keperawatan harga diri rendah situasional teratasi.

Kata Kunci : harga diri rendah, gangguan jiwa, amputasi

ABSTRACT

CASE STUDY OF SELF-CONCEPT DISORDER PATIENTS: SITUATIONAL LOW SELF-ESTEEM IN THE JASMINE ROOM OF BANGIL HOSPITAL

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In this Globalization Era, the more problems in life that must be faced by all individuals, the greater the impact of the stressors received. Individuals who have poor coping mechanisms will find it difficult to adapt to the problems they face. This difficulty in adapting can cause mental disorders in individuals. Individuals who experience emotional stress, distress and dysfunction have a higher risk of experiencing mental disorders. One of the mental nursing problems that arise is low self-esteem disorders. Low self-esteem is a feeling of sadness or prolonged grief. This can happen situationally. Situationally it can be caused by trauma that occurs suddenly, such as divorce, rape victims and dropping out of school. The writing of this scientific paper uses a descriptive method with a case study approach. Based on the results of the nursing assessment, it was found that client 1 patient said he felt ashamed to his family and neighbors because his leg was amputated and client 2 said he was ashamed and felt useless for the family, so a nursing diagnosis of situational low self-esteem was established. The outcome criteria used in this study are self-esteem with the intervention strategy of implementing low self-esteem. Based on the results of nursing implementation, it was found that the client seemed cooperative in following the mental implementation strategy intervention that had been planned by the nurse. After the implementation of nursing, client 1 and client 2 are not ashamed of their condition so that the problem of situational low self-esteem is resolved.

Key Word : low self-esteem, mental disorders, amputation