

ABSTRAK

Asuhan Keperawatan Anak Dengan Masalah Hipertermi

Pada Pasien *Suspect* Meningitis di Ruang Nicu

RSUD R.A Basoeni Mojokerto

Oleh : Ferdiana Permata Sari

Meningitis merupakan penyakit infeksi selaput otak dan sumsum tulang belakang yang disebabkan oleh mikroorganisme seperti virus, bakteri, jamur dan parasit (Kemenkes, 2019). Gejala awal yang timbul dari meningitis salah satunya yaitu demam, sehingga muncul masalah keperawatan hipertermi. Tujuan penelitian ini adalah melaksanakan asuhan keperawatan *suspect* meningitis pada anak dengan masalah keperawatan hipertermi di Ruang Nicu RSUD R.A Basoeni Mojokerto. Peneliti menggunakan metode studi kasus. Partisipan penelitiannya adalah satu pasien dengan masalah keperawatan hipertermi pada anak *suspect* meningitis. Pengumpulan data didapatkan dari wawancara, observasi, pemeriksaan fisik, dan studi dokumentasi yang kemudian dianalisa dengan membandingkan teori dengan kasus. Asuhan keperawatan dengan masalah hipertermi pada pasien *suspect* meningitis, setelah dilakukan tindakan keperawatan mandiri seperti; tingkatkan asupan cairan dan nutrisi yang adekuat, pertahankan kelembaban incubator, atur suhu incubator sesuai kebutuhan serta kolaborasi pemberian terapi antipiretik didapatkan hasil suhu 36°C, nadi 169 x/menit, RR 50 x/menit, akral hangat. Tindakan keperawatan mandiri yang telah dilakukan selama 3 hari bertujuan untuk mengurangi kehilangan panas akibat proses evaporasi sehingga suhu tubuh pasien dapat menurun atau dalam rentang nilai normal (36.5-37.5°C).

Kata Kunci: Hipertermi, *Suspect* Meningitis

ABSTRACT

Nursing Care of Children with Hypothermia Problems in Patients with Suspected Meningitis in the Nicu

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Meningitis is an infectious disease of the lining of the brain and spinal cord caused by microorganisms such as viruses, bacteria, fungi and parasites (Kemenkes, 2019). One of the initial symptoms that arise from meningitis is fever, so that hyperthermia nursing problems arise. The purpose of this study was to carry out nursing care for suspected meningitis in children with hyperthermia nursing problems in the Nicu Room at R.A Basoeni Hospital Mojokerto. The researcher uses the case study method. The research participant was one patient with hyperthermia nursing problems in a child suspected of meningitis. Data collection was obtained from interviews, observations, physical examinations, and documentation studies which were then analyzed by comparing theories with cases. Nursing care with hyperthermia problems in patients with suspected meningitis, after independent nursing actions such as; increase fluid intake and adequate nutrition, maintain incubator humidity, adjust incubator temperature as needed and collaboration in antipyretic therapy results in temperature 36°C, pulse 169 x/minute, RR 50 x/minute, warm akral. The independent nursing action that has been carried out for 3 days aims to reduce heat loss due to the evaporation process so that the patient's body temperature can decrease or within the normal value range (36.5-37.5°C).

Keywords: Hyperthermia, Suspect Meningitis