

ABSTRAK

PENGARUH *HEALTH EDUCATION* MENGGUNAKAN MEDIA VIDEO GOSOK GIGI TERHADAP CARA GOSOK GIGI ANAK SEKOLAH DASAR

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Kebiasaan menggosok gigi yang diperkenalkan sejak dini, akan mengarahkan anak pada penerapan kebiasaan menggosok gigi di kemudian hari. Tingkat pengetahuan tentang cara gosok gigi dapat dilakukan melalui *health education*. Hal ini berkaitan dengan masalah kesehatan gigi yang sering terjadi pada anak usia sekolah dasar. Gosok gigi salah satunya dengan cara gosok gigi dengan benar. Tujuan penelitian untuk mengetahui pengaruh *health education* menggunakan media video gosok gigi terhadap anak sekolah dasar di SDN Wonokusumo Kecamatan Mojosari Kabupaten Mojokerto. Desain penelitian adalah Pra-Eksperimen dengan pendekatan one group pre test-post test design. Populasinya seluruh siswa kelas 1 di SDN Wonokusumo Kecamatan Mojosari Kabupaten Mojokerto sebanyak 50 responden pada tanggal 15 Agustus 2022. Sampel dalam penelitian ini sebanyak 50 responden dengan teknik Total Sampling. Instrument dalam penelitian ini adalah lembar observasi. Berdasarkan hasil analisis uji Wilcoxon signed rank test didapatkan bahwa nilai p value = 0,000 dan $\alpha = 0,05$ maka hal ini menunjukkan $p < \alpha$ yang berarti penelitian menunjukkan bahwa ada pengaruh *health education* menggunakan media video gosok gigi terhadap anak sekolah dasar di SDN Wonokusumo Kecamatan Mojosari Kabupaten Mojokerto. Pemberian *health education* menggunakan media video gosok gigi terhadap anak sekolah dasar dapat meningkatkan pengetahuan siswa. Hal ini dipengaruhi karena rasa antusias siswa dalam memperhatikan *health education* menggunakan media video gosok gigi. *Health education* video tepat untuk anak usia sekolah karena perkembangan kognitif pada anak bersifat imajinatif.

Kata Kunci : *Health Education*, Video Gosok Gigi, Anak Usia Sekolah

ABSTRACT

THE EFFECT OF HEALTH EDUCATION USING TOOTH BRUSH VIDEO MEDIA ON HOW TO BRUSH TEETH PRIMARY SCHOOLCHILDREN

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The habit of brushing teeth, which is introduced early, will lead the child to the application of the habit of brushing teeth in the future. The level of knowledge about how to brush teeth can be done through health education. This is related to dental health problems that often occur in children of primary school age. Brush your teeth by brushing your teeth properly. The purpose of the study was to determine the effect of health education using tooth brushing video media on elementary school children at SDN Wonokusumo, Mojosari District, Mojokerto Regency. The research design is Pre-Experimental with a one group pre test-post test design approach. The population of all grade 1 students at SDN Wonokusumo, Mojosari District, Mojokerto Regency, was 50 respondents on August 15, 2022. The sample in this study was 50 respondents with the Total Sampling technique. The instrument in this study is an observation sheet. Based on the results of the Wilcoxon signed rank test analysis, it was found that the p value = 0.000 and $\alpha = 0.05$, this shows $p < \alpha$ which means that research shows that there is an influence of health education using tooth brushing video media on elementary school children at Wonokusumo Elementary School, Mojosari District, Mojokerto Regency. Providing health education using video media to brush teeth for elementary school children can increase student knowledge. This is influenced by students' enthusiasm in paying attention to health education using tooth brush video media. Health education videos are appropriate for school-age children because cognitive development in children is imaginative.

Keywords : Health Education, Tooth Rub Videos, School-Age Children