

ABSTRAK

GAMBARAN KARAKTERISTIK GEJALA COVID-19 PADA IBU HAMIL DI RSUD ANWAR MEDIKA KABUPATEN SIDOARJO

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Coronavirus disease 2019 atau disebut juga COVID-19 saat ini menjadi pandemi hampir di seluruh negara di dunia. Gejala COVID-19 dapat dibagi menjadi simtomatik dan asimtomatik. Kebanyakan ibu hamil mengalami gejala *cold/flu like symptoms* derajat ringan sampai dengan sedang seperti batuk kering, nyeri otot ringan, nyeri tenggorokan ringan, dan lesu, akan tetapi ternyata infeksi dan mampu menularkan pada orang lain. Tujuan penelitian ini adalah untuk mengetahui gambaran karakteristik gejala COVID-19 pada ibu hamil. Desain penelitian ini adalah deskriptif. Populasi dalam penelitian ini adalah ibu hamil dengan COVID-19 di RSUD Anwar Medika Kabupaten Sidoarjo pada tahun 2021 sebanyak 113 orang. Teknik sampling menggunakan total sampling. Instrumen dalam penelitian ini adalah rekam medik. Analisa data menggunakan Analisa univariat. Hasil penelitian ini menunjukkan bahwa Karakteristik gejala COVID-19 pada ibu hamil di RSUD Anwar Medika Sidoarjo yaitu responden mengalami demam 54%, batuk kering 81,4%, rinore 46%, sesak nafas 23,9%, nyeri telan 1,8%, ageusia berat 0,9%. Gejala COVID-19 pada ibu hamil cenderung ringan dengan gejala dominan batuk kering, demam, rinore, dan sesak nafas. Gejala COVID-19 yang spesifik pada ibu hamil adalah sesak nafas dimana ibu hamil mengalami penekanan pada paru akibat pembesaran uterus ditambah dengan adanya infeksi virus corona yang menyebar dalam paru sehingga menyebabkan reaksi inflamasi sehingga sesak nafas yang dialami oleh ibu hamil lebih berat daripada pasien COVID-19 pada umumnya.

Kata Kunci: gejala, COVID-19, ibu hamil

ABSTRACT

DESCRIPTION OF THE CHARACTERISTICS OF COVID-19 SYMPTOMS IN PREGNANT WOMEN AT ANWAR MEDIKA PUBLIC HOSPITAL, SIDOARJO REGENCY

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Coronavirus disease 2019 or also known as COVID-19 is currently a pandemic in almost all countries in the world. Symptoms of COVID-19 can be divided into symptomatic and asymptomatic. Most pregnant women experience mild to moderate cold/flu-like symptoms such as dry cough, mild muscle aches, mild sore throat, and lethargy, but they are infective and capable of infecting others. The purpose of this study was to describe the characteristics of the symptoms of COVID-19 in pregnant women. The design of this research was descriptive. The population in this study were pregnant women with COVID-19 at Anwar Medika Hospital, Sidoarjo Regency in 2021 as many as 113 people. The sampling technique used total sampling. The instrument in this study was medical records. Data analysis used univariate analysis. The results of this study indicated that the characteristics of COVID-19 symptoms in pregnant women at Anwar Medika Hospital Sidoarjo, those were respondents experiencing fever as many as 54%, dry cough 81.4%, rhinorrhea 46%, shortness of breath 23.9%, swallowing pain 1.8%, severe age 0.9%. Symptoms of COVID-19 in pregnant women tend to be mild with dominant symptoms of dry cough, fever, rhinorrhea, and shortness of breath. Specific symptoms of COVID-19 in pregnant women are shortness of breath where pregnant women experience pressure on the lungs due to the enlargement of the uterus coupled with the corona virus infection that spreads in the lungs, causing an inflammatory reaction so that the shortness of breath experienced by pregnant women is more severe than COVID-19 patients. 19 in general.

Keywords: symptoms, COVID-19, pregnant women