

## ABSTRAK

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Kebersihan tangan merupakan teknik yang paling penting, paling mudah dan paling murah sebagai salah satu upaya yang dapat mengurangi prevalensi HAIs (*Healthcare-Associated Infections/HAIs*) dan penyebaran resistensi antimikroba (Perdalin, 2021). Sebagai tenaga kesehatan yang diasumsikan 24 jam merawat pasien, perawat dituntut untuk meningkatkan kepatuhan kebersihan tangan. Tujuan penulisan karya ilmiah ini adalah untuk mengetahui penerapan Kebersihan Tangan perawat di Unit Perawatan 4 Rumah Sakit Mawaddah Medika. Hasil pengkajian menunjukkan kepatuhan kebersihan tangan kurang atau sebesar 50%, ketidakpatuhan kebersihan tangan karena pengetahuan dan motivasi perawat kurang. Berdasarkan analisa SWOT posisi Perawatan 4 dalam penerapan kebersihan tangan berada di kwadran 4 dengan (*WT Strategy*) yaitu menghilangkan atau memperkecil kelemahan agar dapat melawan ancaman yang dihadapi. Meningkatkan pengetahuan perawat menggunakan metode *Role Play* dan untuk meminimalkan motivasi perawat yang kurang dengan penerapan *reward* dan *punishment*. Hasil Implementasi metode *Role Play*, penerapan *reward* dan *punishment* meningkatkan pengetahuan perawat dengan kategori baik menjadi 73%. Motivasi perawat dalam kategori baik mencapai 100%, sehingga kepatuhan kebersihan tangan perawat di Unit Perawatan 4 meningkat menjadi 90% dan telah memenuhi INM (Indikator Nasional Mutu) Rumah Sakit.

Kata kunci : Kebersihan tangan, perawat, *role play*, *reward* , *punishment*



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## ABSTRACT

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Hand hygiene is the most important, easiest and cheapest technique as one of the efforts that can reduce the prevalence HAIs (Healthcare- Associated Infections/HAIs) and the spread of antimicrobial resistance (Perdalin, 2021). As health workers who are assumed to be 24 hours caring for patients, nurses are required to improve hand hygiene compliance. The purpose of writing this scientific paper is to determine the application of hand hygiene of nurses in Care Unit 4 of Mawaddah Medika Hospital. The results showed compliance with hand hygiene is less or by 50%, non-compliance with hand hygiene due to lack of knowledge and motivation of nurses. Based on SWOT analysis the position of Care 4 in the application of hand hygiene is in Quadrant 4 with (WT Strategy) that is to eliminate or minimize weaknesses in order to be able to fight the threat faced. Improving the knowledge of nurses using methods Role Play and to minimize the motivation of nurses who lack the application reward and punishment. The results of the implementation of The Role Play method, the application of reward and punishment increase the knowledge of nurses with good categories to 73%. The motivation of nurses in both categories reached 100%, so that the nurse's hand hygiene compliance in Care Unit 4 increased to 90% and had met the INM (National indicator of quality) of the hospital.

Keywords : Hand hygiene, nurse, role play, reward, punishment

