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ARTIKEL JURNAL INTERNASIONAL BEREPUTASI

Judul artikel : **Burnout Syndrome Associated with Nurses' Quality of Life During the Covid-19 Pandemic**

Jurnal : Malaysia Journal of Nursing (MJN)
Penulis : Ana Zakiyah, Duwi Basuki

No	Perihal	Tanggal
1	Bukti submit artikel	2 Maret 2023
2	Pre review discussion dari editor	3 Maret 2023
3	Upload revisi	17 Maret 2023
4	Masukan dari reviewer 3	7 Mei 2023
5	Masukan dari reviewer 1	8 Mei 2023
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10	Upload revisi	28 September 2023
11	Upload revisi	16 Oktober 2023
12	Informasi fee publikasi	29 Oktober 2023
13	Konfirmasi editor	10 November 2023
14	Informasi publikasi	23 November 2023

Urmisha Das (urmisha_jm)

Ana Zakiyah (ana_zakiyah)

Messages

Note	From
I am writing to submit our manuscript entitled **"Burnout Syndrome and Nurses' Quality of Life During The Covid-19 Pandemic"** This manuscript describes original work and is not under consideration by any other journal. All authors approved the manuscript and this submission. Thank you for receiving our manuscript and considering it for review. We appreciate your time and look forward to your response.	ana_zakiyah 02-03-2023 06:54 AM
Please submit complete metadata of all authors. The Email ID and ORCID of all authors must be present .	urmisha_jm 03-03-2023 12:04 PM
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Ana Zakiyah Mahfud:

We have reached a decision regarding your submission to The Malaysian Journal of Nursing (MJN), "Burnout Syndrome and Nurses' Quality of Life During The Covid-19 Pandemic".

Our decision is: Revisions Required

Reviewer F:

As the plagiarism report shows only 13% similarity index the article is accepted for publication. The article will be given full consideration for publication in our forthcoming issues.

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Abstract: The abstract should be structured: (e.g., Introduction, Methods, Results, Discussion) for rapid comprehension (see Figure 1). Structured abstracts assist the reader in quickly understanding the findings of a study and unlike unstructured abstracts, are divided into clear sections with distinct headings. These headings typically consist of objective, methods, results, and conclusions.

Ethical Statement: Please provide the Ethical Statement with Date, Month year along with the Number.

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Review Form

Burnout Syndrome and Nurses' Quality of Life During The Covid-19 Pandemic

Title:

General Review:

- Does the paper meet a high standard of scientific quality and credibility? ☑Yes ☐No
- Is the paper readable and appropriately presented? ☑Yes ☐No
- English language level: is the English language comprehensive and flawless? ☑Yes ☐No
- Are there any grammatical or spelling mistakes? ☑Yes ☐No *Little mistakes*
- Are full forms for abbreviations stated at the 1st mention of the abbreviation? ☑Yes ☐No
- Are appropriate legends provided with tables/ figures? ☑Yes ☐No
- Does the paper contain appropriate referencing? ☐Yes ☑No *Some references need to be updated*
- Does the paper contain any recognizable plagiarism? ☐Yes ☑No
- Does the paper compliant with the aims and scope of the journal it is submitted to? ☑Yes ☐No

- Does the paper contain any recognizable plagiarism? ☐Yes ☑No
- Does the paper compliant with the aims and scope of the journal it is submitted to? ☑Yes ☐No
- Does the paper meet ethical requirements? ☑Yes ☐No
- Does the paper include animal or human study? If yes, was ethical committee approval details provided in the paper? ☐Yes ☐No ☑Not Applicable
- Is this a human intervention study? Was consent taken before the study? ☑Yes ☐No ☐Not Applicable
- Is the statistical analysis sound and justified? (Does it require expert statistical review?) ☑Yes ☐No

Comments per section of manuscript:

Abstract	Appropriate but need adding recommendations.
Introduction	Clear and Conscise
Methodology	Comprehensive
Results and Discussion	Comprehensive but need arrangement of Paragraphs
References (Appropriateness)	Needed to be updated (Last 5 years)

Level of Interest: Please indicate how interesting you found the manuscript

Rating - 1 to 5 (1:Poor, 2:Moderate, 3:Good, 4:Very Good, 5:Excellent)

Originality	4
Depth of research	5
Technical quality	5
Contribution to the Field	5

Recommendation:

☐ Reject unconditionally

☐ Reject in current form, but allow resubmission after revision as per my accompanying comments

☑ Accept conditionally, subject to minor revision, according to my accompanying comments

☐ Accept unconditionally

Reviewer Name: *Eman Ahmed AZiZ*	Designation: *PhD Researcher of Medical Surgical Nursing*
Address : *Egypt*	Date: *16-5-2023*
I declare no conflict of interest: *Yes*	I declare the following potential conflict of interest: *—*
Research Interest: *Medical Research - Quality Health Care - Hospitaly Management* Publons ID: ORCID ID: *http://orcid.org/0009-0009-5600-0273*	Signature: *Eman Ahmed AZiZ* *16/5/2023*

Eman Aziz

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Thank you for the cooperation The article will be sent for review Once we receive reviewer's comments we will forward them to you	urmisha_jm 08-05-2023 08:03 AM
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All the references must be mentioned in the text also. All references mentioned in the text must be present in the reference list at the end. In the reference list there should not be any et al. All journal name must be mentioned in full.

Recommendation: Revisions Required

Reviewer G:
Recommendation: Revisions Required

RESEARCH METHODOLOGY

Research Design

This study used a cross-sectional approach to determine the relationship between burnout syndrome and nurses' quality of life.
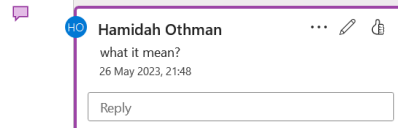
Population, sampling, and sample

The people of all nurses working in health services in East Java, Indonesia. The sampling type uses accidental sampling, so 269 respondents were obtained.

Data Collection

Questionnaires are distributed through google forms to reduce the risk of transmission. The instrument for measuring burnout syndrome using Maslach Burnout Inventory-Human Service (21) consists of 3 elements: physical and emotional fatigue, depersonalization, and decreased personal accomplishment (Maslach and Jackson, 1986). Nurses' quality of life measurements using Short Form Health Survey 36 (SF 36) consist of physical function, physical limitations, emotional control, energy fatigue, mental health, social functioning, bodily pain, and general health.

Statistical Analysis

Hamidah Othman
what it mean?
26 May 2023, 21:48

Reply

CONFLICT OF INTEREST

The author reported no conflict of interest in this research.

REFERENCES

Ahmad, S., Ishtiaq, S. M., & Mustafa, M. (2017). The role of socio-economic status in adoption of coping strategies among adolescents against domestic violence. *Journal of Interpersonal Violence*, *32*(18), 2862–2881. https://doi.org/10.1177/0886260516635321

Alotni, M. A., & Elgazzar. S, E. (2020). Investigation of burnout, its associated factors and its effect on the quality of life of critical care nurses working in Buraydah Central Hospital at Qassim Region, Saudi Arabia. *The Open Nursing Journal*, *14*, 190–202. https://doi.org/10.2174/1874434602014010190

Aydin Sayilan, A., Kulakaç, N., & Uzun, S. (2020). Burnout levels and sleep quality of COVID-19 heroes. *Perspectives in Psychiatric Care, February 2021*. https://doi.org/10.1111/ppc.12678

Bakker, A.B., Killmer, C.H., Siegriest J, S., & Schaufeli,W.B. (2000). Effort–reward imbalance and burnout among nurses. *J Adv Nurs*, *31*(4), 884–891. https://doi.org/10.1046/j.1365-2648.2000.01361.x

Bellanti. F., Buglio, A.L., Capuano, E., Dobrakowski, M., Kasperczyk. A.,Kasperczyk, S., Ventriglio, A., & Vendemiale, G. (2021). Factors related to nurses' burnout during the first wave of coronavirus disease-19 in a university hospital in italy. *International Journal of Environmental Research and Public Health*, *18*(10). https://doi.org/10.3390/ijerph18105051

Bit-lian, Y., Woei-ling, T., Shahin, N., & Shuhaimi, B. (2022). Job satisfaction and burnout among registered

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Thank you for your quick response.

urmisha_jm
28-09-2023 07:48 AM

The relevance of the article in the current scenario needs justifications when COVID-19 is no longer pandemic. Please note as it is Post COVID this article must give proper justification for future implication (200 words). Kindly revise and work on the attached file and resubmit within 8th October 2023.

📄 urmisha_jm, 2097 2nd Revised 28.09.2023.docx

urmisha_jm
07-10-2023 08:31 AM

> Thank you for the information. I'm sorry for being late in submitting the revision of my article.
>
> I've added relevance to the article and provided justification for future implications in the implications component.
>
> Best regard

ana_zakiyah
11-10-2023 11:17 AM

Burnout Syndrome and Nurses' Quality of Life During The Covid-19 Pandemic

Ana Zakiyah[1]*, Duwi Basuki[1]
Nursing management department, Bina Sehat PPNI University, Indonesia

*1 Corresponding author's email: ana_ppni@yahoo.com

ABSTRACT

Covid-19 cases that occur in Indonesia, accompanied by high mortality cause nurses as one of the frontlines to experience burnout syndrome and have an impact on reducing the quality of life of nurses. This study aims to determine the relationship between burnout syndrome and the quality of life of nurses during the Covid-19 pandemic. The design used is cross-sectional. The population is nurses working in health services in East Java. The quality of life of nurses was measured by Short Form Health Survey 36 (SF 36), which consisted of 36 question items, while the level of burnout syndrome was measured by the Maslach Burnout Inventory-Human Service Survey consisting of 22 questions. All nurses experience burnout syndrome to varying degrees. The nurse burnout rate is generally low at 163 (60.6%), and the quality of life of nurses are typically good at 252 (97.3%) and a small and a small percentage at 17 (6.3%). The spearman rho p-value analysis <0.05 showed a

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> Present a title that includes, if appropriate, the study design e.g.:

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INTRODUCTION

The Covid-19 pandemic in Indonesia has put the healthcare system under tremendous pressure. This is due to the rapid demand to adapt to health needs during the Covid-19 pandemic (Sayilan et al., 2020; FKUI, 2020). The surge in cases is accompanied by the addition of high death cases, even once reaching more than 1,000 deaths in one day. The Ministry of Health Monday (12/7/2021) recorded 40,427 new cases. The total number of Covid-19 cases in Indonesia reached 2.567 million people. The number of active cases or patients requiring treatment reached 380,797 people. This has caused concern in hospitals as they are overwhelmed with the surging Covid-19 patients. Bed Occupancy Ratio (BOR) in hospitals reaches 77%. This number is a record compared to the previous edition, which is still in the range of 30 thousand every day (Hastuti, 2021)

The perceived threat of Covid-19 helps explain the level of burnout in nurses and moderates the relationship between social support in the workplace. Excess workload, limited infrastructure, human resources, workplace social support, inefficient use, personal protective equipment, uncertain diagnosis criteria, and psychological stress significantly explain burnout (Manzano García & Ayala Calvo, 2021; Thambidurai et al., 2019; WHO, 2020). Nurses must

RESULT

Table 1 Characteristics of respondents by gender, marital status, and level of education

(N=269)

Variable		Amount	Percentage
		n	%
Gender	Male	73	27.1
	female	196	72.9
	Total	269	100.0
Marital status	Not married yet	53	19.7
	Married	213	79.2
	Widow/widower	3	1.1
	Total	269	100.0
Level of education	Nursing diploma	137	50.9
	Bachelor of Nursing	128	47.6
	Masters	4	1.5
	Total	269	100.0

Table 1 shows the majority of respondents with the female gender of 196 respondents (72.9%). Nurses were mostly married, with 213 respondents (79.2%), and nurses with diploma education levels with 137 respondents (50.9%).

DISCUSSION

Burnout syndrome

The results showed that all nurses experienced burnout syndrome during the Covid-19 pandemic but at varying rates. Nurse burnout rates are generally low at 163 (60.6%), moderate at 95 (35.3%), and moderately at 11 (4.1%).

The Covid-19 pandemic caused a sudden surge in patient admissions in hospitals with the consequence of an increase in workload. The safety of health workers in hospitals is a major concern. Exposed to several hours of work per day with infected patients, nurses are at risk of experiencing some problems that lead to physical and psychological impairment (Bellanti. F et al., 2021). Burnout results from long-term exposure to job demands and stress, including physical, mental, and emotional syndromes that include pessimism about oneself and work, decreased desire to do work and increased turnover (Canu, 2021).

Nurses with less understanding, work experience, and confidence in caring for Covid-19 patients experience burnout more often. An increase in workload, a decrease in self-

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We are delighted to inform you that the submitted manuscript titled "**Burnout Syndrome Associated with Nurses' Quality of Life During the Covid-19 Pandemic**" has been accepted and is ready for publication in Malaysian Journal of Nursing, in October 2023 Issue.

We have attached the final proof of the paper for your reference. For any necessary correction, we kindly request you to reply to this email with the required changes in the provided format.

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Authors: **Ana Zakiyah, Duwi Basuki**

We sincerely appreciate your valuable contribution to our journal and look forward to your prompt response regarding any required revisions.

Thank you for choosing the Malaysian Journal of Nursing as the platform to share your research.

Best Regards,

Dr. Urmisha Das
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CERTIFICATE

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The paper has been published after peer review.

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Editor in Chief
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Pro Chancellor, Lincoln University College, Malaysia

Date: 30-11-2023

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Thank you for submitting the article "Burnout Syndrome and Nurses' Quality of Life During The Covid-19 Pandemic" written by Ana Zakiyah Mahfud, Duwi Basuki for The Malaysian Journal of Nursing.

Please note your article has been accepted to be published in October 2023 issue of The Malaysian Journal of Nursing (MJN).

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