

ABSTRAK

Pengetahuan Ibu Balita Tentang Pijat Tui Na Di Kelurahan Majener Wilayah Kerja Puskesmas Majaran Kabupaten Sorong

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Saat ini diperkenalkan Pijat Tuina yang dilakukan memegang dan menekan tubuh pada bagian tubuh tertentu mengatasi masalah kesulitan makan yang sering terjadi pada balita. Namun kenyataannya, masih banyak ibu balita yang tidak mengetahui tentang pijat Tui Na. Penelitian ini bertujuan untuk mengetahui pengetahuan ibu balita tentang pijat Tui Na. Desain penelitian menggunakan metode deskriptif. Populasi penelitian ini adalah semua ibu balita di Kelurahan Majener Wilayah Kerja Puskesmas Majaran Kabupaten Sorong yang berjumlah 81 orang. Teknik sampling yang digunakan adalah total sampling 81 orang. Instrumen penelitian menggunakan kuesioner. Analisis data menggunakan tabel distribusi frekuensi dan persentase. Hasil penelitian menunjukkan bahwa responden yang mempunyai pengetahuan kurang tentang pijat Tui Na yaitu 51 orang (63%), dan yang mempunyai pengetahuan cukup yaitu 30 orang (37%). Seluruh responden mengetahui bahwa pijat Tui Na mempunyai manfaat pada bayi yaitu 81 orang (100%), dan sebagian besar responden tidak tahu pijat Tui Na dapat meningkatkan nafsu makan anak yaitu 48 responden (59%). Analisis data menunjukkan bahwa sebagian besar responden mempunyai pengetahuan kurang tentang pijat Tui Na. Rendahnya pengetahuan ibu balita tentang pijat Tui Na disebabkan karena kurangnya informasi tentang pijat Tui Na, sehingga tenaga kesehatan diharapkan untuk mengikuti pelatihan pijat Tui Na lalu memberikan penyuluhan kepada masyarakat tentang pijat Tui Na.

Kata Kunci: pijat Tui Na, balita, pengetahuan ibu

ABSTRACT

Knowledge of Mothers of Toddlers About Tui Na Massage in Majener Village, Majaran Health Center Working Area, Sorong Regency

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Currently, Tuina Massage is being introduced, which involves holding and pressing the body on certain parts of the body to overcome the problem of feeding difficulties that often occur in toddlers. However, in reality, there are still many mothers of toddlers who don't know about Tui Na massage. This study aims to determine the knowledge of mothers of toddlers about Tui Na massage. The research design uses a descriptive method. The population of this study was all mothers of toddlers in Majener Village, Majaran Health Center Working Area, Sorong Regency, totaling 81 people. The sampling technique used was total sampling 81 people. The research instrument used a questionnaire. Data analysis uses frequency distribution tables and percentages. The research results showed that respondents who had insufficient knowledge about Tui Na massage were 51 people (63%), and those who had sufficient knowledge were 30 people (37%). All respondents knew that Tui Na massage had benefits for babies, namely 81 people (100%), and most respondents did not know that Tui Na massage could increase children's appetite, namely 48 respondents (59%). Data analysis shows that the majority of respondents have insufficient knowledge about Tui Na massage. The low knowledge of mothers of toddlers about Tui Na massage is due to a lack of information about Tui Na massage, so health workers are expected to take Tui Na massage training and then provide education to the public about Tui Na massage.

Keywords: Tui Na massage, toddlers, mother's knowledge