

## ABSTRAK

### PENGARUH SUPERVISI KEPERAWATAN BERBASIS PROCTOR'S MODEL TERHADAP PENINGKATAN *QUALITY OF NURSING WORK LIFE* PERAWAT PASCA ROTASI RUANGAN DI RSUD DR. SOETOMO SURABAYA

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**Pendahuluan:** Rotasi ruangan merupakan sebuah proses penggantian perawat terjadwal dari satu departemen ke departemen lain secara dinamis. Rotasi pekerjaan dapat menimbulkan dampak negatif bagi perawat antara lain perasaan cemas, marah, takut, frustrasi, sedih, dan perawat harus mulai beradaptasi dengan lingkungan baru dimana hal ini dapat menurunkan kepuasan perawat sehingga dapat menurunkan kualitas kerja perawat dalam melakukan asuhan keperawatan. Tujuan dari penelitian ini adalah menganalisis pengaruh supervisi keperawatan berbasis proctor's model terhadap peningkatan *quality of nursing work life* perawat pasca rotasi ruangan di RSUD dr. Soetomo Surabaya. **Metode:** Desain penelitian ini adalah penelitian pra-eksperimental metode *one-group pre-posttest design*. Sampel dalam penelitian ini adalah 30 perawat yang dilakukan rotasi ruangan dengan menggunakan teknik *total sampling*. Data penelitian dikumpulkan melalui kuesioner QNWL. Data dianalisis dengan menggunakan uji statistik *Wilcoxon signed rank test*. **Hasil:** Hasil penelitian didapatkan bahwa hasil analisis uji statistik dengan wilcoxon pada variabel *Quality of Nursing Work Life* (*Work life home life, Work design, Work context, dan Work world*) menghasilkan nilai signifikansi  $< \alpha$  (5% atau 0,05). **Kesimpulan:** Terdapat pengaruh yang signifikan supervisi keperawatan berbasis proctor's model terhadap peningkatan *quality of nursing work life* perawat pasca rotasi ruangan di RSUD dr. Soetomo Surabaya. Diharapkan kepada kepala ruang untuk melakukan supervisi kepada para perawat secara rutin dan terjadwal sehingga dapat mengetahui berbagai masalah yang dialami oleh perawat terutama mengenai QNWL perawat sehingga dapat meningkatkan kinerja perawat yang pada akhirnya dapat meningkatkan mutu dari asuhan keperawatan

Kata Kunci: *Quality of Nursing Work Life*, Rotasi Perawat, Supervisi Klinis.

## ABSTRACT

### THE EFFECT OF PROCTOR'S MODEL-BASED NURSING SUPERVISION ON IMPROVING THE QUALITY OF NURSING WORK LIFE OF NURSES POST ROOM ROTATION AT DR. SOETOMO HOSPITAL SURABAYA

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**Introduction:** Room rotation is a process of dynamically replacing scheduled nurses from one department to another. Job rotation can have negative impacts on nurses, including feelings of anxiety, anger, fear, frustration, sadness, and nurses must begin to adapt to a new environment where this can reduce nurse satisfaction so that it can reduce the quality of nurses' work in providing nursing care. The purpose of this study was to analyze the effect of proctor's model-based nursing supervision on improving the quality of nursing work life of nurses after room rotation at Dr. Soetomo Hospital, Surabaya. **Method:** The design of this study was a pre-experimental study using the one-group pre-posttest design method. The sample in this study was 30 nurses who underwent room rotation using the total sampling technique. Research data were collected through the QNWL questionnaire. Data were analyzed using the Wilcoxon signed rank test. **Results:** The results of the study showed that the results of the statistical test analysis with Wilcoxon on the variables of Quality of Nursing Work Life (Work life home life, Work design, Work context, and Work world produced a significance value  $< \alpha$  (5% or 0.05). **Conclusion:** There is a significant influence of nursing supervision based on the Proctor's model on improving the quality of nursing work life of nurses after room rotation at Dr. Soetomo Hospital, Surabaya. It is expected that the head of the room will supervise the nurses routinely and on schedule so that they can find out various problems experienced by nurses, especially regarding the QNWL of nurses so that they can improve the performance of nurses which can ultimately improve the quality of nursing care.

**Keywords:** Quality of Nursing Work Life, Nurse Rotation, Clinical Supervision.