

ABSTRACT

The Level Of Anxiety Of Adolescents During The Covid-19 Pandemic

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Anxiety was an excessive feeling of fear, anxiety, impending disaster, worry or fear of a real or perceived threat. The purpose of this study was to determine the level of anxiety of adolescents during the Covid-19 pandemic in Sonosari Hamlet. The research design was non-experimental correlation descriptive research design. The population was all adolescents aged 14-16 years in Sonosari Hamlet, which in July 2020 amounted to 45 children. The sampling technique in this research was purposive sampling. The sample in this study amounted to 40 children aged 14-16 years. Data were collected using an instrument in the form of a HARS (Hamilton Anxiety Rating Scale) questionnaire and continued with a descriptive frequency statistical test with the help of SPSS version 22. The results showed that 33 respondents (82.5%) had mild anxiety, and 7 respondents (18.0%). The anxiety experienced by adolescents in Sonosari Hamlet belongs to the category of mild anxiety level with several anxiety symptoms such as restlessness, irritability and difficulty concentrating. At a mild level of anxiety a person experiences tension that was felt every day which causes a person to be alert and increases the perception field.

Keywords : Anxiety, Adolescence, Covid Pandemic