

RINGKASAN

ASUHAN KEBIDANAN PADA NY “S” PADA MASA NIFAS, NEONATUS SAMPAI DENGAN KB SAMPAI DENGAN KB DI DESA MEJOYO KECAMATAN BANGSAL KANUPATEN MOJOKERTO

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Continuity of Care adalah paradigma baru dalam upaya menurunkan angka kematian ibu, bayi dan anak. Rencana asuhan kebidanan berkelanjutan (*continuity of care*) dan melakukan dokumentasi SOAP pada masa nifas, neonatus dan KB dengan menggunakan manajemen kebidanan. Tujuan asuhan untuk memberikan asuhan kebidanan secara *Continuity of Care* pada masa nifas, neonatus, sampai dengan KB dengan menggunakan pendekatan manajemen kebidanan dan pendokumentasian SOAP. Asuhan kebidanan yang diberikan pada Ny.”S” berlangsung 6 minggu dari masa nifas, neonatus sampai KB dengan frekuensi kunjungan nifas 4 kali, neonatus 3 kali, serta KB sebanyak 1 kali.

Hasil asuhan pada kunjungan nifas I ibu mengeluhkan kurang tidur di malam hari, pemeriksaan fisik dalam batas normal. Hasil asuhan kunjungan II tidak ditemukan masalah, pemeriksaan fisik dalam batas normal, nifas fisiologis. Hasil asuhan kunjungan III tidak ditemukan masalah, pemeriksaan fisik dalam batas normal, nifas fisiologis. Hasil asuhan kunjungan IV tidak ditemukan masalah, pemeriksaan fisik dalam batas normal, nifas fisiologis. Masalah yang ditemukan adalah pada kunjungan I dimana Ny “S” pada 2 hari postpartum ibu mengatakan kurang tidur karena bayi sering terbangun di malam hari karena minta ASI atau popok basah, sedangkan pemeriksaan fisik lain dalam batas normal. Hasil asuhan pada kunjungan neonatus I bayi sering terbangun menangis di malam hari untuk minum ASI, pemeriksaan fisik dalam batas normal, reflek baik. Hasil asuhan kunjungan II dilakukan secara daring, pemeriksaan fisik tidak dilakukan secara langsung, tidak ada keluhan oleh ibu tentang kesehatan bayinya. Hasil asuhan kunjungan III juga dilakukan secara daring, pemeriksaan fisik tidak dilakukan secara langsung, tidak ada keluhan oleh ibu tentang kesehatan bayinya. Tidak ditemukan masalah pada neonatus, bayi diberikan ASI eksklusif, bayi sudah mendapatkan imunisasi BCG pada usia 1 minggu. Hasil asuhan kunjungan KB didapatkan ibu ingin menggunakan KB suntik 3 bulan.

Masa nifas berlangsung normal tanpa ada penyulit. Masalah kesulitan tidur dan kulit kering teratasi dengan pemberian *health education* tentang tidur siang di saat bayi tidur dan mengkonsumsi makanan yang bergizi seperti sayur dan buah. Selama memberikan asuhan kebidanan pada neonatus tidak ditemukan masalah. Dalam memberikan asuhan kebidanan KB ibu telah diberikan konseling dan memutuskan menggunakan KB suntik 3 bulan.

Evaluasi nifas tanpa penyulit, neonatus fisiologis, ibu calon akseptor KB suntik 3 bulan. Diharapkan ibu untuk mendatangi Bidan sesegera mungkin setelah nifas selesai untuk mendapatkan KB, melanjutkan pemberian ASI eksklusif sampai dengan usia 6 bulan, mengimunisasikan bayinya secara rutin .

Kunci: *Continuity of Care*, Nifas, Neonatus, KB

SUMMARY

MIDWIFERY CARE FOR MRS "S" IN THE PUERPERIUM, NEONATUS UP TO KB IN MEJOYO VILLAGE, BANGSAL DISTRICT, MOJOKERTO DISTRICT

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Continuity of Care was a new paradigm in an effort to reduce maternal, infant and child mortality. Continuity of care and documentation of SOAP during childbirth, neonates and family planning using midwifery management. The goal of care was to provide continuity of care midwifery care during the postpartum period, neonates, to family planning using a midwifery management approach and SOAP documentation. The midwifery care given to Mrs. "S" lasts 6 weeks from the postpartum period, neonates to family planning with a frequency of 4 postpartum visits, neonates 3 times, and family planning 1 time. The results of care at the first postpartum visit, the mother complained of lack of sleep at night, physical examination within normal limits. The results of the second visit of care found no problems, physical examination within normal limits, physiological puerperium. The results of the third visit of care found no problems, physical examination within normal limits, physiological puerperium.

The results of IV visit care found no problems, physical examination within normal limits, physiological puerperium. The problem found was during the first visit where Mrs. "S" at 2 days postpartum the mother said she was not getting enough sleep because the baby often woke up at night because she asked for breast milk or wet diapers, while other physical examinations were within normal limits. The results of care at the first neonatal visit, babies often wake up crying at night to drink breast milk, physical examination within normal limits, good reflexes. The results of the second visit of care were carried out online, the physical examination was not carried out directly, there were no complaints by the mother about the health of the baby. The results of the third visit of care were also carried out online, the physical examination was not carried out directly, there were no complaints by the mother about the health of the baby. No problems were found in neonates, babies were given exclusive breastfeeding, babies had received BCG immunization at the age of 1 week. The results of family planning visit care found that mothers want to use 3-month injection contraception.

The puerperium was normal without any complications. The problem of sleeping difficulties and dry skin was resolved by providing health education about napping while the baby was sleeping and consuming nutritious foods such as vegetables and fruits. During providing midwifery care to neonates, no problems were found. In providing birth control midwifery care, mothers have been given counseling and decided to use 3-month injection contraceptives.

Postpartum evaluation without complications, physiological neonates, mothers who were prospective acceptors for 3-month injection of family planning. It was hoped that the mother will come to the midwife as soon as possible after the postpartum period was over to get family planning, continue exclusive breastfeeding until the age of 6 months, immunize her baby regularly.

Key: Continuity of Care, Postpartum, Neonates, KB