

HUBUNGAN MOTIVASI PERAWAT DENGAN KEPATUHAN FIVE MOMENT & HAND HYGIENE DI RUANG RAWAT INAP RUMAH SAKIT GATOEL MOJOKERTO

Elsa Putri Christiyanti

Program studi S1 Keperawatan Fakultas Ilmu Kesehatan, Universitas Bina Sehat PPNI

Mojokero

elsaputricch1106@gmail.com

ABSTRACT

Nurses' compliance with hand hygiene is a key pillar in infection prevention and control in hospitals. Work motivation, both intrinsic and extrinsic, is believed to be a determining factor in nurses' compliance with patient safety procedures. This study aims to analyze the relationship between nurse motivation and compliance with the five moments of hand hygiene in the inpatient ward of Gatoel Hospital, Mojokerto. This study used a correlational analytical design with a cross-sectional approach. The research sample consisted of 90 nurses in the Inpatient Ward of Gatoel Mojokerto Hospital, taken using the Proportional Random Sampling technique. Motivation instruments were measured using the Work Extrinsic and Intrinsic Motivation Scale (WEIMS) questionnaire, while hand hygiene compliance was measured through observation techniques using a checklist sheet. Data analysis used the Spearman rank correlation test ($\alpha = 0.05$). The results of the study showed high nurse motivation and high five moment & hand hygiene compliance. The results of the statistical test showed a significance value of $p\text{-value} = 0.000$, which can be interpreted that H_1 is accepted. From the statistical test results, it can be concluded that there is a significant relationship between nurse motivation and compliance with the five moments and hand hygiene in the inpatient ward of Gatoel Mojokerto Hospital. Nurses with high motivation tend to be more compliant in carrying out hand hygiene procedures at each specified moment. From the results of this study, it is hoped that nurses will maintain their motivation in implementing the five moments and hand hygiene and increase compliance in implementing the five moments of hand hygiene. Considering that hand hygiene is the basis for preventing nosocomial infections in hospitals and other medical service facilities.

Keywords: Motivation, Hand Hygiene, Five Moments, Nurses.

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ABSTRAK

Kepatuhan perawat dalam melakukan hand hygiene merupakan pilar utama dalam pencegahan dan pengendalian infeksi di rumah sakit. Motivasi kerja yang didasari oleh dorongan intrinsik maupun ekstrinsik. Penelitian ini menggunakan desain analitik korelasional dengan pendekatan cross-sectional. Sampel penelitian berjumlah 90 perawat di Ruang Rawat Inap Rumah Sakit Gatoel Mojokerto yang diambil menggunakan teknik Proportional Random Sampling. Instrumen motivasi diukur menggunakan kuesioner Work Extrinsic and Intrinsic Motivation Scale (WEIMS), untuk kepatuhan five moment & hand hygiene diukur melalui teknik observasi menggunakan lembar checklist. Analisis data menggunakan uji Korelasi Spearman rank ($\alpha=0,05$) Hasil penelitian menunjukkan motivasi perawat yang tinggi dan kepatuhan five moment & hand hygiene yang tinggi. Hasil uji statistik menunjukkan nilai signifikansi sebesar $p\text{-value} = 0,000$ yang dapat diartikan bahwa H_1 diterima. Dari hasil uji statistic dapat disimpulkan terdapat hubungan yang signifikan antara motivasi perawat dengan kepatuhan five moments & hand hygiene di Ruang Rawat Inap Rumah Sakit Gatoel Mojokerto. Perawat dengan motivasi yang tinggi cenderung lebih patuh dalam melakukan prosedur hand hygiene pada setiap momen yang ditentukan. Dari hasil penelitian ini adalah diharapkan perawat mempertahankan motivasinya dalam melaksanakan five moment & hand hygiene dan meningkatkan kepatuhan dalam pelaksanaan five moment hand hygiene. Mengingat hand hygiene merupakan dasar dalam pencegahan terjadinya infeksi nosokomial di rumah sakit.

Kata Kunci: Motivasi, Hand Hygiene, Five Moments, Perawat

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