

RINGKASAN

ASUHAN KEBIDANAN PADA NY “D” USIA 21 TAHUN

DI PONKESDES PUCUNG KECAMATAN BALONGPANGGANG

KOTA GRESIK

OLEH : RISKA WAHYUNINGSIH

Asuhan kebidanan diberikan secara komprehensif menggunakan prinsip *Continuity Of Care* mulai dari kehamilan hingga program KB, dengan melakukan pendampingan dan memberikan asuhan sesuai dengan kebutuhan. Metode dalam pendampingan peneliti dilaksanakan secara observasi selama ± 42 hari, meliputi asuhan kehamilan 1 kali, persalinan 1 kali, nifas 4 kali, BBL 1 kali, neonatus 3 kali, dan KB 1 kali. Tujuan asuhan ini adalah memberikan asuhan kebidanan secara berkesinambungan mulai dari masa kehamilan, persalinan, nifas, neonatus, hingga KB dengan pendokumentasian SOAP. Hasil asuhan Ny.”D” usia 21 tahun, pada awal kehamilan hingga akhir Trimester III status kehamilan tergolong KRR (Kehamilan Risiko Rendah). Terdapat kesenjangan antara fakta dan teori pada asuhan persalinan yaitu ibu mengalami Ketuban Pecah Dini (KPD) sehingga persalinan dilakukan secara SC. Nifas berlangsung fisiologis. Bayi lahir sehat berjenis kelamin laki-laki, BB 2550 gram, PB 45 cm dan tidak ditemukan kelainan pada kunjungan neonatus. Ibu telah mendapatkan konseling dan memilih kontrasepsi Suntik KB 3 bulan.. Pendampingan dengan prinsip *Continuity of Care* secara optimal dapat menurunkan angka komplikasi pada ibu dan bayi.

Kata Kunci: Hamil, Bersalin, Nifas, Neonatus, KB

BINA SEHAT PPNI

SUMMARY

MIDWIFERY CARE FOR MRS. "D" AGED 21 YEARS AT PONKESDES PUCUNG, BALONGPANGGANG DISTRICT, GRESIK CITY

BY: RISKWA WAHYUNINGSIH

Midwifery care have provided comprehensively using the Continuity of Care principle, starting from pregnancy to family planning programs, by providing accompaniment and care according to needs. The researcher's accompaniment method was carried out through observation for ± 42 days, covering 1 pregnancy care, 1 delivery, 4 postpartum care, 1 newborn care, 3 neonatal visits, and 1 family planning visit. The aim of this care is to provide continuous midwifery care from pregnancy, delivery, postpartum, neonatal, to family planning with SOAP documentation. The results of caring for Mrs. "D", 21 years old, showed that from early pregnancy to the end of the third trimester, the pregnancy was classified as low-risk (KRR). However, there was a gap between facts and theory in delivery care, namely Premature Rupture of Membranes (PROM), leading to a cesarean delivery. The postpartum period was physiological. The baby was born healthy, male, weighing 2550 grams, 45 cm long, with no abnormalities found during neonatal visits. The mother received counseling and chose 3-month injectable contraception. Optimal Continuity of Care accompaniment can reduce complications in mothers and babies.

Keywords: Pregnancy, Childbirth, Postpartum, Neonate, Family Planning (KB)

