

RINGKASAN

ASUHAN KEBIDANAN PADA NY. “W” USIA 31 TAHUN PADA MASA HAMIL SAMPAI KB DI TPMB NANI SRWIHAYUNI

Oleh : Nurul Ilahiyah

Asuhan kebidanan Continuitas Of Care (COC) merupakan asuhan kebidanan yang berkesinambungan diberikanya kepada ibu dan janin, dimulai dari masa kehamilan, persalinan, janin lahir, masa nifas dan keluarga berencana (KB). Dengan adanya asuhan COC maka perkembangan kondisi ibu akan terpantau dengan sangat baik, setelah itu asuhan kerkelanjutan bidan bisa membuat calon ibu lebih percaya dan terbuka karena sudah mengenal pemberi asuhan. COC secara asuhan kebidanan adalah salah satu upaya untuk menurunkan angka kematian ibu (AKI) dan angka kematian bayi (AKB). Asuhan ini dilakukan karena masih tingginya angka kematian ibu dan bayi. Asuhan ini menyatakan Ibu W, 31 tahun, mendapatkan asuhan di TPMB Nani Sriwahyuni dari masa kehamilan 37 minggu, persalinan, nifas, perawatan bayi baru lahir, sampai KB. Asuhan di lakukan antara tanggal 20 November 2025 sampai 08 Januari 2026 menggunakan SOAP. Frekuensi kunjungan 1 kali masa kehamilan, 1 kali masa persalinan, 4 kali masa nifas, dan 3 kali masa bayi baru lahir normal, dan 1 kali masa KB. Kunjungan ANC kondisi ibu dalam keadaan baik meskipun mengalami keluhan biang kringat ibu adalah hal biasa. Ibu melahirkan secara spontan di TPMB Nani Sriwahyuni tanggal 08 Desember 2025 jam 06:10 dengan jenis kelamin laki laki, berat badan 2.700 gram, panjang badan 48 cm, langsung menangis gerak aktif, dan tidak memiliki kelainan. Asuhan masa nifas didapat keluhan nyeri luka jahitan perineum, KIE cara perawatan perineum yang benar dan bayi tidak ditemukan adanya masalah. Kunjungan nifas ke 4 Ibu memutuskan kontrasepsi suntik 3 bulan setelah mendapatkan penjelasan tentang berbagai jenis kontrasepsi. Pemberian asuhan kebidanan berkenajutan (COC) selalu menerapkan manajemen kebidanan, mempertahankan kompetensi dalam memberikan asuhan kebidanan sesuai standar pelayanan kebidanan.

Kata Kunci : hamil, bersalin, nifas, neonatus, KB

SUMMARY

MIDWIFERY CARE FOR MRS. "W," 31 YEARS OLD, AT THE INDEPENDENT PRACTICE OF MIDWIFE NANI SRI WAHYUNI IN 2026

By : Nurul Ilahiyah

Continuity of Care (COC) midwifery care is a continuous midwifery care provided to the mother and fetus, starting from pregnancy, childbirth, birth, the post partum period, and family planning (KB). With COC care, the mother's condition is closely monitored. Afterward, the midwife's ongoing care can foster greater trust and openness among expectant mothers, as they become more familiar with the care provided. COC, as a midwifery care, is one effort to reduce maternal mortality rate (MMR) and infant mortality rate (IMR). This care is implemented due to the persistently high maternal and infant mortality rates. This care states that Mrs. W, 31 years old, received care at the Independent practice of midwife nani sriwahyuni Public Health Center from 37 weeks of pregnancy, delivery, post partum, newborn care, to family planning. Care was carried out between November 20, 2025 to January 8, 2026 using SOAP. The frequency of visits was 1 time during pregnancy, 1 time during delivery, 4 times during post partum, and 3 times during normal newborns, and 1 time during family planning. During the ANC visit, the mother's condition was good, although experiencing complaints of prickly heat, which is normal for mothers. The mother gave birth spontaneously at the Independent practice of midwife nani sriwahyuni Public Health Center on December 8, 2025 at 06:10 with a male gender, body weight 2,700 grams, body length 48 cm, immediately cried actively, and had no abnormalities. Postpartum care received complaints of pain from the perineal stitches, KIE on how to care for the perineum correctly and the baby did not find any problems. The mother's 4th postpartum visit decided on 3 month contraception injection after receiving an explanation of the various types of contraception. The provision of continuous midwifery care (COC) always applies midwifery management, maintaining competence in providing midwifery care according to midwifery service standards.

Keywords : pregnancy, childbirth, postpartum, neonate, family planning