

**RINGKASAN ASUHAN *CONTINUITY OF CARE***  
**PADA NY “D” USIA 28 TAHUN**  
**DI TPMB ELLYS YULI ASTUTIK, S.Keb.,Bdn JOGOROTO JOMBANG**

**OLEH:**  
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Asuhan kebidanan komprehensif yang dilaksanakan secara berkesinambungan sejak masa kehamilan hingga keluarga berencana merupakan strategi penting dalam meningkatkan kualitas kesehatan ibu dan bayi serta menurunkan AKI dan AKB. Metode dalam pendampingan oleh peneliti dengan observasi secara berkesinambungan. Tujuan pelaksanaan asuhan ini adalah memberikan asuhan kebidanan secara berkesinambungan pada Ny. D GIII P20002 usia 28 tahun dilaksanakan selama  $\pm 8$  minggu, meliputi asuhan kehamilan 2 kali, persalinan 1 kali, nifas 4 kali, neonatus 3 kali, serta keluarga berencana 1 kali. Hasil asuhan kehamilan 1 dan 2 berlangsung fisiologis dengan nilai KSPR 2. Persalinan kala I berjalan normal, kala II selama 30 menit tanpa laserasi perineum, kala III 15 menit, dan kala IV tanpa penyulit. Masa nifas pada kunjungan 1 hingga 4 berlangsung normal tanpa keluhan dan penyulit. Bayi lahir berjenis kelamin Perempuan, BB 2500 gram, PB 47 cm & kunjungan neonatus berjalan tanpa adanya penyulit. Pada kunjungan KB juga tidak ditemukan penyulit karena ibu menggunakan KB Suntik 3 Bulan. Pendampingan dengan prinsip *Continuity Of Care* secara optimal dapat menurunkan komplikasi pada ibu dan bayi sehingga dapat menurunkan AKI dan AKB.

**Kata Kunci:** *Hamil, Bersalin, Nifas, Neonatus, KB*

**SUMMARY OF CONTINUITY OF CARE (CoC) MIDWIFERY  
MANAGEMENT FOR Mrs. “D”, 28 YEARS OLD  
AT TPMB ELLYS YULI ASTUTIK, S.Keb.,Bdn JOGOROTO JOMBANG**

**BY  
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*Comprehensive midwifery care implemented continuously from pregnancy through family planning is an essential strategy to improve maternal and neonatal health outcomes and to reduce Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR). The method used in this assistance was continuous observational monitoring. The objective of this care was to provide continuous midwifery care to Mrs. D GIII P20002, 28 years old, over approximately  $\pm 8$  weeks, including two antenatal visits, one delivery, four postpartum visits, three neonatal visits, and one family planning visit. The results showed that the first and second antenatal visits were physiological with KSPR 2. The first stage of labor progressed normally, the second stage lasted 30 minutes without perineal laceration, the third stage lasted 15 minutes, and the fourth stage was without complications. The postpartum period from the first to the fourth visit was normal without complaints or complications. The baby was born male, weighing 2,500 grams with a length of 47 cm, and neonatal visits showed no complications. During the family planning visit, no complications were found, as the mother use the 3-month contraceptive injection. Assistance with the principle of Continuity of Care can optimally reduce complications in mothers and babies so that it can reduce MMR and IMR.*

**BINA SEHAT PPNI**

**Keywords: Pregnancy, Childbirth, Postpartum, Neonate, Family Planning**