

RINGKASAN

Asuhan Kebidanan *Continuity Of Care* Ny “S” masa hamil dengan KB di Rumah

Sakit An Noor Medika Lamongan

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Continuity Of Care (COC) merupakan pendekatan asuhan kebidanan yang berkesinambungan dan komprehensif sejak kehamilan triester III, persalinan, masa nifas, perawatan bayi baru lahir, hingga pelayanan keluarga berencana (KB). Pendekatan ini merupakan pemantauan kontinu, deteksi dini resiko, serta intervensi sesuai standar oleh tenaga Kesehatan yang konsisten, sehingga mampu meningkatkan kualitas pelayanan, keselamatan ibu dan bayi, serta keberhasilan adaptasi ibu dalam masa nifas dan perencanaan kehamilan selanjutnya. Penerapan COC berperan penting dalam upaya penurunan Angka Kematian Ibu (AKI) dan Angka Kematian Bayi (AKB) melalui pelayanan yang terintegrasi dan berorientasi pada kebutuhan ibu dan keluarga. Asuhan Kebidanan Pada Ny “S” Usia 25 tahun G4P1001 Ab2 bersifat *Continuity Of Care* menggunakan pendekatan berkesinambungan dengan cara memantau perkembangan ibu dan janin mulai dari masa hamil trimester III, memantau persalinan, pemantauan masa nifas, pemantuan neonatus sampai penggunaan kontrasepsi. Asuhan Ny “S” mulai dari tanggal 01 Desember 2025 sampai dengan 31 Januari 2026. Pada asuhan kehamilan diberikan asuhan sesuai standar pelayanan yaitu 10T dengan kunjungan 1 kali. Pada kala I,II,III,IV berlangsung lancar tanpa penyulit. Kunjungan nifas dilakukan kunjungan sebanyak 4 kali, dan kunjungan nenotus dilakukan kunjungan sebanyak 3 kali, tidak ada penyulit serta pada pelayanan kontrasepsi ibu

memilih Metode Kontrasepsi hormonal suntik KB 3 bulan. Dalam pemberian asuhan kebidanan yang dimulai sejak kehamilan hingga pelayanan kontrasepsi *Continuity Of Care* telah sesuai dengan teori dan didokumentasikan menggunakan SOAP.

Kata kunci : *Continuity Of Care*, ibu hamil, bersalin, nifas dan BBL



SUMMARY

Continuity of Care Midwifery Care for Mrs. "S" during pregnancy using family planning at An Noor Medika Hospital, Lamongan

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Continuity of Care (COC) is a continuous and comprehensive midwifery care approach from the third trimester of pregnancy, delivery, postpartum, newborn care, and family planning (FP) services. This approach involves continuous monitoring, early risk detection, and standardized interventions by consistent health professionals, thereby improving the quality of care, the safety of mothers and babies, and the successful adaptation of mothers during the postpartum period and subsequent pregnancy planning. The implementation of COC plays a crucial role in reducing the Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) through integrated services oriented to the needs of mothers and their families.

Midwifery care for Mrs. "S," 25 years old, G4P1001 Ab2, was Continuity of Care, using a continuous approach. This included monitoring maternal and fetal development from the third trimester of pregnancy, labor, postpartum monitoring, neonatal monitoring, and contraceptive use. Mrs. "S"'s care lasted from December 1, 2025, to January 31, 2026. Prenatal care was provided according to the 10T service standard, with a single visit. Stages I, II, III, and IV progressed smoothly without complications. Postpartum visits were four, and neonatal visits were three, with no complications. The mother chose the 3-monthly oral contraceptive injection for contraceptive services. The

provision of midwifery care, from pregnancy through to contraceptive services, was in accordance with theory and documented using SOAP.

Keywords: Continuity of Care, pregnant women, childbirth, postpartum, and newborns.

