

RINGKASAN

Laporan Asuhan Kebidanan Berkelanjutan (*Continuity Of Care*) Pada Ny "A"
Usia 20 Thn, G1P0 Uk 38-39 Mgg Di Rumah Sakit Mawaddah Ngoro Mojokerto

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Studi Asuhan Kebidanan *Continuity of Care* pada Ny. A usia 20 tahun G1P0A0 dengan usia kehamilan 38–39 minggu dilakukan di Rumah Sakit Mawaddah Ngoro Mojokerto. *Continuity of Care* (CoC) merupakan model pelayanan kebidanan yang menekankan pada pemberian asuhan secara berkesinambungan antara bidan dan klien untuk memastikan pelayanan kesehatan ibu dan bayi yang optimal. Asuhan ini meliputi pelayanan komprehensif mulai dari masa kehamilan, persalinan, nifas, bayi baru lahir (BBL), neonatus, hingga pelayanan keluarga berencana (KB). Pada masa kehamilan, Ny. A mengalami kondisi patologis berupa anemia, namun melalui pemantauan dan asuhan kebidanan yang tepat kondisi tersebut mengalami perbaikan hingga menjadi kondisi fisiologis menjelang persalinan. Pelaksanaan asuhan dilakukan melalui pemantauan selama trimester III hingga masa nifas dengan pemeriksaan kehamilan secara berkala, pendampingan proses persalinan, serta pemantauan kesehatan ibu dan bayi setelah lahir. Persalinan berlangsung di RS Mawaddah Ngoro Mojokerto secara normal dengan kondisi ibu dan bayi baik. Bayi lahir dengan berat badan 2900 gram dan panjang badan 49 cm, segera menangis kuat dan bergerak aktif tanpa tanda komplikasi. Asuhan nifas dan neonatus dilakukan melalui pemantauan kondisi ibu dan bayi hingga masa neonatal, yang menunjukkan kondisi fisiologis tanpa adanya komplikasi. Setelah masa nifas, ibu mendapatkan konseling dan pelayanan keluarga berencana sebagai upaya perencanaan kehamilan berikutnya. Secara keseluruhan, pelaksanaan asuhan kebidanan berkelanjutan ini menunjukkan bahwa pemantauan yang komprehensif dapat membantu mengatasi masalah kehamilan serta menjaga kesehatan ibu dan bayi sesuai dengan standar pelayanan kebidanan.

Kata kunci: *Continuity of Care*, ibu hamil, anemia, persalinan, nifas, bayi baru lahir

SUMMARY

Continuity of Care Report for Mrs. "A," 20 Years Old, with a G1P0 Pregnancy of 38-39 Weeks, at Mawaddah Ngoro Hospital, Mojokerto

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This study of Continuity of Care Midwifery Care for Mrs. A, 20 years old, G1P0A0, with a gestational age of 38–39 weeks, was conducted at Mawaddah Ngoro Hospital, Mojokerto. Continuity of Care (CoC) is a midwifery service model that emphasizes continuous care between the midwife and the client to ensure optimal maternal and infant health services. This care includes comprehensive services from pregnancy, childbirth, postpartum care, newborn care (BBL), neonatal care, and family planning (FP) services. During her pregnancy, Mrs. A experienced a pathological condition of anemia, but through proper monitoring and midwifery care, this condition improved to a physiological state prior to delivery. Care was provided through monitoring throughout the third trimester and the postpartum period, including regular prenatal checkups, assistance with the delivery process, and postnatal monitoring of the mother and baby. The delivery took place at Mawaddah Ngoro Hospital in Mojokerto, with both mother and baby in good condition. The baby was born weighing 2900 grams and measuring 49 cm long. He immediately began crying loudly and was actively moving without any signs of complications. Postpartum and neonatal care included monitoring the condition of the mother and baby throughout the neonatal period, which showed a physiological condition without any complications. After the postpartum period, the mother received counseling and family planning services to plan for future pregnancies. Overall, the implementation of this continuous midwifery care demonstrates that comprehensive monitoring can help address pregnancy issues and maintain the health of the mother and baby in accordance with midwifery service standards.

Keywords: Continuity of Care, pregnant women, anemia, delivery, postpartum, newborn