

RINGKASAN LAPORAN STASE CONTINUITY OF CARE

OLEH :

Yuyus Sofi Fadilah, S. Keb

Laporan Tugas Akhir ini mendokumentasikan asuhan kebidanan komprehensif (*Continuity of Care*) pada Ny. N (23 tahun) di TPMB Kiki Dian Megawati dengan menerapkan manajemen Varney dan pendokumentasian SOAP. Pada masa kehamilan, ditemukan masalah anemia ringan yang berhasil ditangani melalui intervensi nutrisi dan suplemen zat besi, ditandai dengan peningkatan kadar Hb dari 9,4 g/dL menjadi 12,2 g/dL. Pada 21 Desember 2025, bayi laki-laki lahir spontan (3.000 g, AS 8-9) dengan penanganan laserasi derajat II dan keberhasilan Inisiasi Menyusu Dini (IMD). Selama masa nifas, proses involusi uteri berlangsung fisiologis. Berat badan neonatus meningkat 400 g dalam 14 hari melalui pemberian ASI eksklusif, serta hasil Skrining Hipotiroid Kongenital (SHK) dalam batas normal. Keberhasilan asuhan ini didukung oleh penerapan Manajemen Aktif Kala III (MAK III) dan dukungan keluarga. Sebagai metode kontrasepsi, ibu memilih suntik progestin yang aman bagi laktasi. Dapat disimpulkan bahwa asuhan berkelanjutan efektif dalam memantau kondisi kesehatan, menurunkan risiko morbiditas, serta mengoptimalkan kesehatan ibu dan bayi secara holistik.

Kata Kunci: Continuity of Care, Anemia Gestasional, Asuhan Kebidanan Komprehensif.

BINA SEHAT PPNI

SUMMARY OF CONTINUITY OF CARE REPORT

BY:

Yuyus Sofi Fadilah, S. Keb

This Final Project Report documents comprehensive midwifery care (Continuity of Care) for Mrs. N (23 years old) at TPMB Kiki Dian Megawati, utilizing Varney's management and SOAP documentation. During the prenatal period, mild anemia was identified and successfully managed through nutritional interventions and iron supplementation, as evidenced by an increase in hemoglobin levels from 9.4 g/dL to 12.2 g/dL. On December 21, 2025, a male infant was delivered spontaneously (3,000 g, AS 8-9) with management of a second-degree laceration and successful Early Initiation of Breastfeeding (IMD). During the postpartum period, uterine involution proceeded physiologically. The neonate's weight increased by 400 g within 14 days through exclusive breastfeeding, and the Congenital Hypothyroidism Screening (SHK) results were within normal limits. The success of this care was supported by the implementation of Active Management of the Third Stage of Labor (MAK III) and strong family support. For contraception, the mother opted for progestin-only injectables, which are safe for lactation. In conclusion, continuous midwifery care is effective in monitoring health conditions, reducing morbidity risks, and optimizing the holistic health of both mother and infant.

Keywords: Continuity of Care, Gestational Anemia, Comprehensive Midwifery Care.

The logo of BINA SEHAT PPNI is a shield-shaped emblem with a yellow background and a grey border. Inside the shield, there is a stylized pink and white graphic of a person sitting on a chair, with a white tube or line extending from the person's head area. Below the graphic, the text "PPNI" is written in pink. At the bottom of the shield, the words "BINA SEHAT PPNI" are written in a blue, serif font.

BINA SEHAT PPNI