

RINGKASAN
ASUHAN KEBIDANAN PADA NY “D” USIA 21 TAHUN DI KLINIK EKA
MEDIKA PUNGGING MOJOKERTO

Oleh : Intan Erno Dwiseptya Dewi

Asuhan kebidanan Continuity of Care (COC) merupakan pelayanan berkelanjutan yang mencakup masa kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana guna menjamin kesehatan ibu dan bayi serta mendeteksi dini komplikasi. Tujuan asuhan pada kasus Ny. D usia 21 tahun di Klinik Eka Medika adalah memberikan pelayanan kebidanan secara komprehensif, mengingat kehamilan pertama memerlukan pemantauan yang berkesinambungan. Metode yang digunakan adalah studi kasus dengan pendekatan COC yang meliputi asuhan kehamilan trimester III, persalinan kala I–IV, kunjungan nifas (KF 1–4), kunjungan neonatus (KN 1–3), serta pelayanan keluarga berencana, dengan pengumpulan data melalui wawancara, observasi, pemeriksaan fisik, dan dokumentasi yang dianalisis menggunakan metode SOAP. Hasil menunjukkan bahwa kehamilan berlangsung fisiologis, persalinan berjalan normal dengan bayi lahir sehat, masa nifas berlangsung baik dengan involusi uterus normal dan produksi ASI lancar, serta bayi tumbuh sesuai usia tanpa tanda bahaya, dan ibu menjadi akseptor KB suntik 3 bulan. Pembahasan menunjukkan tidak terdapat kesenjangan antara teori dan praktik karena seluruh asuhan telah sesuai dengan standar pelayanan kebidanan. Dengan demikian, penerapan COC efektif dalam meningkatkan kualitas pelayanan, kemandirian, serta kesehatan ibu dan bayi, sehingga disarankan tenaga kesehatan untuk menerapkan pendekatan COC secara konsisten serta meningkatkan edukasi kepada ibu dan keluarga.

Kata Kunci : Continuity of Care, Kehamilan, Nifas, Neonatus, Keluarga Berencana

SUMMARY

MIDWIFERY CARE FOR 21-YEAR-OLD "D" AT THE EKA MEDIKA CLINIC PUNGGING MOJOKERTO

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Continuity of Care (COC) midwifery care is a continuous service that covers pregnancy, childbirth, postpartum, neonatal, and family planning to ensure the health of the mother and baby and detect complications early. The goal of care in the case of Mrs. D, 21 years old, at Eka Medika Clinic is to provide comprehensive midwifery services, considering that her first pregnancy requires continuous monitoring. The method used is a case study with a COC approach that includes care for the third trimester of pregnancy, the first–fourth stage of labor, postpartum visits (KF 1–4), neonatal visits (KN 1–3), and family planning services, with data collection through interviews, observations, physical examinations, and documentation analyzed using the SOAP method. The results showed that the pregnancy was physiological, labor proceeded normally with a healthy baby, the postpartum period went well with normal uterine involution and smooth breast milk production, and the baby grew according to age without danger signs, and the mother became an acceptor of 3-monthly injectable contraceptives. The discussion shows that there is no gap between theory and practice because all care is in accordance with midwifery service standards. Thus, the implementation of Continuity of Care (COC) is effective in improving the quality of care, independence, and health of mothers and babies. Therefore, it is recommended that healthcare workers consistently implement the COC approach and increase education for mothers and their families.

Keywords: Continuity of Care, Pregnancy, Postpartum, Neonate, Family Planning