

RINGKASAN

ASUHAN KEBIDANAN PADA NY. N USIA 31 TAHUN DI PUSKESMAS TOLOGOSADANG KECAMATAN PACIRAN KABUPATEN LAMONGAN

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Asuhan kebidanan secara Continuity of Care (COC) merupakan pendekatan pelayanan kebidanan yang diberikan secara berkesinambungan dan komprehensif kepada ibu dan bayi mulai dari masa kehamilan, persalinan, nifas, neonatus hingga pelayanan keluarga berencana. Laporan ini berfokus pada pelaksanaan asuhan kebidanan berkelanjutan pada Ny. "N" usia 31 tahun dan By. Ny "N" yang dilaksanakan di wilayah kerja Puskesmas dan Pustu Bu. Wati. Asuhan neonatus dilakukan melalui tiga kali kunjungan, yaitu KN 1 pada usia 1 hari, KN 2 pada usia 7 hari, dan KN 3 pada usia 28 hari. Hasil pengkajian menunjukkan bahwa bayi lahir cukup bulan dengan berat badan lahir 3.000 gram, panjang badan 49 cm, lingkar kepala 32 cm, menangis kuat, dan menunjukkan tanda-tanda neonatus fisiologis. Selama masa neonatus, bayi mendapatkan ASI eksklusif, eliminasi dalam batas normal, refleks fisiologis lengkap, serta tidak ditemukan tanda infeksi maupun ikterus patologis. Asuhan yang diberikan meliputi pemantauan tumbuh kembang, perawatan tali pusat, menjaga kehangatan bayi, edukasi menyusui, serta anjuran imunisasi sesuai jadwal. Asuhan keluarga berencana dilakukan pada Ny. "N" yang memilih menjadi akseptor KB suntik 3 bulan. Ibu belum pernah menggunakan kontrasepsi sebelumnya dan memilih KB suntik 3 bulan dengan alasan ingin fokus menyusui bayinya. Hasil pengkajian menunjukkan kondisi kesehatan ibu baik dan tidak terdapat kontraindikasi

penggunaan KB suntik. Konseling mengenai keuntungan dan kerugian KB suntik 3 bulan telah diberikan dan ibu memahami serta menyetujui metode kontrasepsi yang dipilih. Secara keseluruhan, asuhan kebidanan yang diberikan berjalan sesuai standar pelayanan kebidanan dan menunjukkan kesesuaian antara teori dan praktik.

Kata Kunci : Continuity of Care, hamil, bersalin, nifas, neonatus, KB



SUMMARY

ASUHAN KEBIDANAN PADA NY. N USIA 31 TAHUN DI PUSKESMAS TOLOGOSADANG KECAMATAN PACIRAN KABUPATEN LAMONGAN

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Continuity of Care (COC) midwifery care is a midwifery service approach provided continuously and comprehensively to mothers and babies starting from pregnancy, childbirth, postpartum, neonates to family planning services. This report focuses on the implementation of continuous midwifery care for Mrs. "N" aged 31 years and By. Ny "N" which was carried out in the working area of the Bu. Wati Community Health Center and Community Health Center. Neonatal care was carried out through three visits, namely KN 1 at the age of 1 day, KN 2 at the age of 7 days, and KN 3 at the age of 28 days. The results of the assessment showed that the baby was born full term with a birth weight of 3,000 grams, a body length of 49 cm, a head circumference of 32 cm, cried loudly, and showed physiological neonatal signs. During the neonatal period, the baby received exclusive breastfeeding, elimination was within normal limits, physiological reflexes were complete, and no signs of infection or pathological jaundice were found. The care provided includes monitoring growth and development, umbilical cord care, keeping the baby warm, breastfeeding education, and recommendations for immunizations according to schedule. Family planning care was provided to Mrs. "N," who chose to accept the 3-monthly contraceptive injection. She had never used contraception before and chose the 3-monthly contraceptive injection because she wanted to focus on breastfeeding her baby. The assessment showed

that the mother was in good health and there were no contraindications to the use of the contraceptive injection. Counseling regarding the advantages and disadvantages of the 3-monthly contraceptive injection was provided, and the mother understood and agreed to the chosen contraceptive method. Overall, the midwifery care provided was in accordance with midwifery service standards and demonstrated a congruence between theory and practice.

Keywords : Continuity of Care, pregnant, childbirth, postpartum, neonate, family planning

