

RINGKASAN

Asuhan kebidanan *Continuity of Care* (COC) pada Ny “S” usia 26 tahun G2P10001 dilaksanakan di UPTD Puskesmas Jatirejo Kabupaten Mojokerto secara komprehensif mulai dari masa kehamilan, persalinan, nifas, bayi baru lahir, hingga keluarga berencana (KB). Selama kehamilan, kondisi ibu dan janin dalam batas normal tanpa tanda bahaya dengan pemantauan antenatal teratur, serta persalinan berlangsung normal tanpa komplikasi. Masa nifas menunjukkan pemulihan yang baik dengan involusi uterus normal, dan bayi lahir dalam kondisi sehat dengan adaptasi baik.

Asuhan kebidanan yang diberikan meliputi pemeriksaan kehamilan sesuai standar 10T, pemantauan pertumbuhan dan kesejahteraan janin, pemberian tablet tambah darah. Pendampingan persalinan dengan pemantauan kala I–IV, dukungan emosional dan pencegahan komplikasi. Pemantauan masa nifas, edukasi perawatan diri dan nutrisi, dukungan pemberian ASI. Perawatan bayi baru lahir seperti menjaga kehangatan, perawatan tali pusat, inisiasi menyusui dini. Konseling dan pemilihan metode kontrasepsi yang sesuai.

Penerapan asuhan kebidanan berkelanjutan dengan pendekatan *Continuity Of Care* (COC) menunjukkan hasil optimal dalam menjaga kesehatan ibu dan bayi serta mencegah komplikasi, sehingga penting sebagai upaya peningkatan kualitas pelayanan kesehatan ibu dan anak.

SUMMARY

Continuity of Care (COC) midwifery care for Mrs. "S", a 26-year-old G2P10001, was carried out comprehensively at UPTD Jatirejo Public Health Center, Mojokerto Regency, covering pregnancy, childbirth, postpartum, newborn care, and family planning. During pregnancy, the condition of the mother and fetus remained within normal limits without any danger signs, supported by regular antenatal monitoring. The labor process occurred normally and spontaneously without complications. The postpartum period showed good recovery, indicated by normal uterine involution, and the newborn was delivered in healthy condition with good adaptation.

The midwifery care provided included antenatal examinations according to the 10T standard, monitoring of fetal growth and well-being, administration of iron supplementation, labor assistance with monitoring of stages I–IV, emotional support, complication prevention, postpartum monitoring, education on self-care and nutrition, breastfeeding support, essential newborn care such as thermal protection, cord care, early initiation of breastfeeding, as well as counseling and appropriate contraceptive method selection.

The implementation of continuous midwifery care using the Continuity of Care (COC) approach showed optimal outcomes in maintaining maternal and neonatal health and preventing complications, thus playing an important role in improving the quality of maternal and child health services.