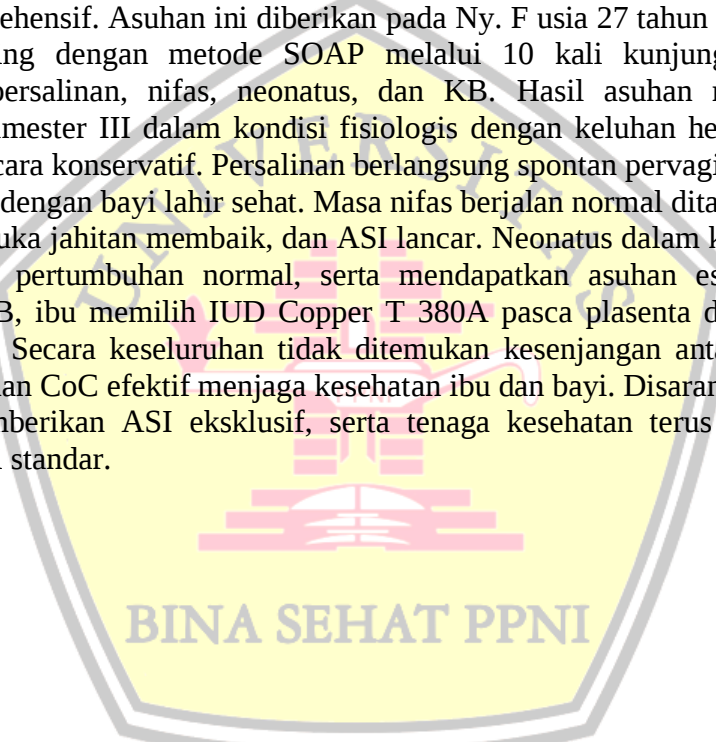


RINGKASAN

ASUHAN KEBIDANAN PADA NY. F UMUR 27 TAHUN G2P10001 DI DESA PUNGGING KECAMATAN PUNGGING KABUPATEN MOJOKERTO

Oleh: Aiko Nathania Octa

Kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana merupakan proses fisiologis yang berpotensi menimbulkan komplikasi, termasuk keluhan hemoroid pada trimester III yang dapat menyebabkan ketidaknyamanan dan berisiko bila tidak ditangani. Oleh karena itu, diperlukan asuhan kebidanan berkelanjutan (Continuity of Care/CoC) untuk memantau kondisi ibu dan bayi secara komprehensif. Asuhan ini diberikan pada Ny. F usia 27 tahun G2P10001 di Desa Pungging dengan metode SOAP melalui 10 kali kunjungan meliputi kehamilan, persalinan, nifas, neonatus, dan KB. Hasil asuhan menunjukkan kehamilan trimester III dalam kondisi fisiologis dengan keluhan hemoroid yang tertangani secara konservatif. Persalinan berlangsung spontan pervaginam pada 17 Januari 2026 dengan bayi lahir sehat. Masa nifas berjalan normal ditandai involusi uterus baik, luka jahitan membaik, dan ASI lancar. Neonatus dalam kondisi sehat, refleks baik, pertumbuhan normal, serta mendapatkan asuhan esensial. Pada pelayanan KB, ibu memilih IUD Copper T 380A pasca plasenta dan terpasang dengan baik. Secara keseluruhan tidak ditemukan kesenjangan antara teori dan praktik. Asuhan CoC efektif menjaga kesehatan ibu dan bayi. Disarankan ibu rutin kontrol, memberikan ASI eksklusif, serta tenaga kesehatan terus menerapkan asuhan sesuai standar.



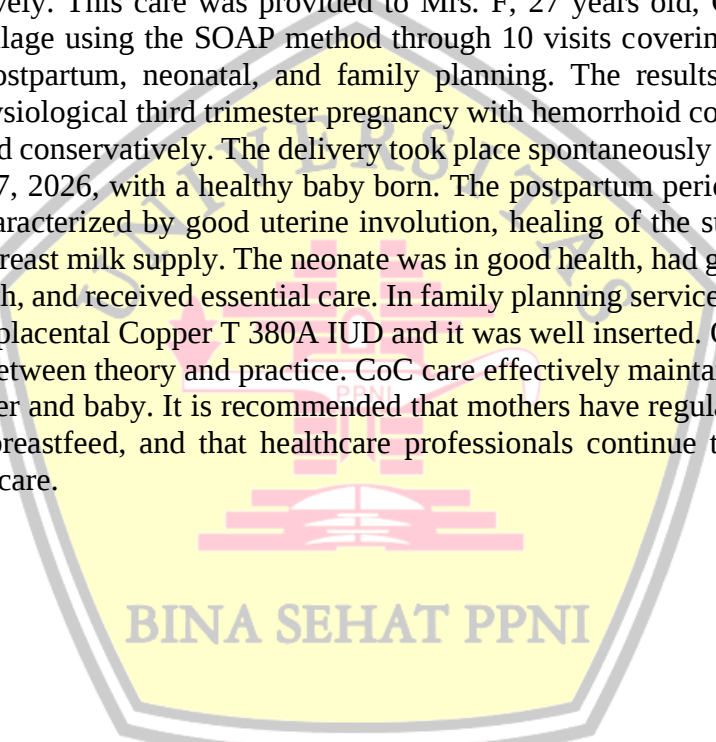
BINA SEHAT PPNI

SUMMARY

ASUHAN KEBIDANAN PADA NY. F UMUR 27 TAHUN G2P10001 DI DESA PUNGGING KECAMATAN PUNGGING KABUPATEN MOJOKERTO

Oleh: Aiko Nathania Octa

Pregnancy, childbirth, postpartum, neonatal, and family planning are physiological processes that have the potential to cause complications, including hemorrhoid complaints in the third trimester, which can cause discomfort and are risky if left untreated. Therefore, continuous midwifery care (Continuity of Care/CoC) is needed to monitor the condition of the mother and baby comprehensively. This care was provided to Mrs. F, 27 years old, G2P10001 in Pungging Village using the SOAP method through 10 visits covering pregnancy, childbirth, postpartum, neonatal, and family planning. The results of the care showed a physiological third trimester pregnancy with hemorrhoid complaints that were managed conservatively. The delivery took place spontaneously per vaginally on January 17, 2026, with a healthy baby born. The postpartum period proceeded normally, characterized by good uterine involution, healing of the suture wound, and smooth breast milk supply. The neonate was in good health, had good reflexes, normal growth, and received essential care. In family planning services, the mother chose a post-placental Copper T 380A IUD and it was well inserted. Overall, there was no gap between theory and practice. CoC care effectively maintains the health of both mother and baby. It is recommended that mothers have regular check-ups, exclusively breastfeed, and that healthcare professionals continue to implement standardized care.



BINA SEHAT PPNI