

SUMMARY OF CONTINUITY OF CARE (CoC)
FOR Mrs. L, 33 YEARS OLD, AT THE MARIA ULFA MIDWIFERY CARE
CENTER, TEMPEH KIDUL VILLAGE, TEMPEH DISTRICT,
LUMAJANG REGENCY

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Comprehensive midwifery care implemented continuously from pregnancy to family planning is an important strategy in improving the quality of maternal and infant health and reducing maternal and infant mortality rates (MMR) and infant mortality rates (IMR). The method of mentoring by researchers is through continuous observation. The purpose of implementing this care is to provide continuous midwifery care to Mrs. L, 33 years old, carried out for $\pm$ 9 weeks, including 2 pregnancy care, 1 delivery, 4 postpartum care, 3 neonatal care, and 1 family planning care. The results of pregnancy care 1 and 2 were physiological. The first stage of labor proceeded normally, the second stage for 30 minutes without perineal lacerations, the third stage for 15 minutes, and the fourth stage without complications. The postpartum period at visits 1 to 4 proceeded normally without complaints and complications. The baby was born male, weighing 3200 grams, 51 cm long & the neonatal visit proceeded without any complications. No complications were found during the family planning visit because the mother was using a 3-monthly contraceptive injection. Ongoing support through the Continuity of Care approach contributes to improving the well-being of both mother and baby, thus supporting the achievement of optimal health.

Keywords: Pregnancy, Childbirth, Postpartum, Neonate, Family Planning