

RINGKASAN

ASUHAN KEBIDANAN PADA NY “L” USIA 30 TAHUN DI TPMB LIDA KHALIMATUS S DI PURI MOJOKERTO

Oleh: Jihan Siska Amilia

Asuhan Continuity of Care (CoC) merupakan pelayanan kebidanan komprehensif dan berkesinambungan yang mencakup masa kehamilan, persalinan, nifas, neonatus, hingga keluarga berencana. Tujuannya adalah meningkatkan derajat kesehatan ibu dan bayi melalui pemantauan menyeluruh, membangun hubungan terapeutik antara bidan dan klien, serta mendukung deteksi dini komplikasi. Pada laporan ini, asuhan diberikan kepada Ny. L usia 30 tahun di TPMB Lida Khalimatus S, Kecamatan Puri, Kabupaten Mojokerto, pada 25 Desember 2025 sampai 01 Februari 2026 dengan metode pendokumentasian SOAP. Kunjungan dilakukan sebanyak 10 kali, meliputi 1 kali ANC, 1 kali persalinan, 4 kali nifas, 3 kali neonatus, dan 1 kali KB. Selama kehamilan, Ny. L G2P10001 usia kehamilan 40 minggu dalam kondisi fisiologis dengan janin tunggal hidup intrauterin presentasi kepala dan sudah masuk PAP. Ibu dianjurkan melakukan USG bila belum ada tanda persalinan dalam satu minggu untuk mencegah postterm. Persalinan berlangsung fisiologis, bayi lahir spontan dengan kondisi baik, Apgar 7–8, perempuan, BB 3100 gram, PB 49 cm. Masa nifas berjalan normal hingga hari ke-30 postpartum. Asuhan neonatus menunjukkan bayi sehat, menyusu baik, tanpa tanda bahaya. Pada pelayanan KB, ibu memilih suntik 3 bulan setelah konseling dan informed consent.

Kata kunci : Ibu Hamil, Asuhan Continuity of Care, persalinan pervaginam

SUMMARY

MIDWIFERY CARE FOR 30-YEAR-OLD MRS. "L" AT TPMB LIDA KHALIMATUS S IN PURI MOJOKERTO

By: Jihan Siska Amilia

Continuity of Care (CoC) is a comprehensive and continuous midwifery service that covers pregnancy, childbirth, postpartum, neonates, and family planning. The goal is to improve the health of mothers and babies through comprehensive monitoring, building a therapeutic relationship between midwives and clients, and supporting early detection of complications. In this report, care was provided to Mrs. L, 30 years old at TPMB Lida Khalimatus S, Puri District, Mojokerto Regency, from December 25, 2025, to February 1, 2026, using the SOAP documentation method. 10 visits were conducted, including 1 ANC, 1 delivery, 4 postpartum visits, 3 neonates, and 1 family planning visit. During pregnancy, Mrs. L G2P10001 was 40 weeks pregnant in physiological condition with a single live intrauterine fetus in cephalic presentation and had entered PAP. The mother is advised to have an ultrasound if there are no signs of labor within one week to prevent postterm. Labor proceeded physiologically, with the baby born spontaneously in good condition, with an Apgar score of 7–8, a female, weighing 3100 grams and a height of 49 cm. The postpartum period progressed normally until day 30 postpartum. Neonatal care showed the baby was healthy, breastfeeding well, and without any danger signs. At the family planning service, the mother chose the 3-monthly injection after counseling and informed consent.

Keyword : Pregnant women, continuity of care, vaginal delivery