

ABSTRAK

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Judul KIAN : Analisi Penerapan Discharge Planning Di Ruang Js Rumah IH Sakit Mojokerto
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Discharge planning merupakan proses penting dalam pelayanan keperawatan yang bertujuan menjamin kesinambungan perawatan pasien setelah pulang dari rumah sakit. Pelaksanaan *discharge planning* yang optimal dapat meningkatkan kesiapan pasien dan keluarga, mencegah komplikasi, mengurangi risiko *readmission*, serta meningkatkan mutu pelayanan keperawatan. Penelitian ini bertujuan menganalisis implementasi *discharge planning* di Ruang Rawat Inap JS Rumah Sakit IH Mojokerto serta menyusun strategi peningkatan berdasarkan analisis SWOT. Penelitian ini menggunakan desain deskriptif dengan pendekatan observasional. Responden penelitian berjumlah 17 perawat yang dipilih menggunakan teknik *total sampling*. Pengumpulan data dilakukan melalui observasi, wawancara, dan dokumentasi, kemudian dianalisis secara deskriptif dan dilanjutkan dengan analisis SWOT. Hasil penelitian menunjukkan bahwa implementasi *discharge planning* berada pada kategori baik sebesar 88,2%, sedangkan 11,8% berada pada kategori cukup baik. Analisis SWOT menunjukkan nilai *Strength* 3,67, *Weakness* 1, *Opportunity* 4, dan *Threat* 3, sehingga implementasi *discharge planning* berada pada Kuadran I (*Growth Oriented Strategy*). Hasil ini menunjukkan bahwa rumah sakit memiliki kekuatan dan peluang untuk meningkatkan kualitas implementasi *discharge planning* melalui optimalisasi pelaksanaan sejak pasien masuk rumah sakit, standarisasi materi edukasi, peningkatan kompetensi perawat, pemanfaatan media edukasi, serta monitoring dan evaluasi secara berkala. Dengan demikian, implementasi *discharge planning* di Ruang Rawat Inap JS Rumah Sakit IH Mojokerto telah berjalan dengan baik, namun masih diperlukan penguatan edukasi, dokumentasi, dan kompetensi perawat agar mutu pelayanan keperawatan dan kesinambungan perawatan pasien terus meningkat.

Kata kunci: *Discharge planning*, Implementasi, SWOT, Pelayanan Keperawatan

ABSTRACT

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Discharge planning is an essential process in nursing care that aims to ensure the continuity of patient care after hospital discharge. Effective *discharge planning* can improve the readiness of patients and their families to continue care at home, prevent complications, reduce the risk of hospital readmission, and enhance the quality of nursing services. This study aimed to analyze the implementation of *discharge planning* in the JS Inpatient Ward of IH Hospital Mojokerto and to develop improvement strategies based on SWOT analysis. This study employed a descriptive design with an observational approach. The respondents consisted of 17 nurses selected using the total sampling technique. Data were collected through observation, interviews, and documentation, then analyzed descriptively and followed by SWOT analysis. The results showed that the implementation of *discharge planning* was categorized as good in 88.2% of respondents, while 11.8% were categorized as fairly good. The SWOT analysis revealed a Strength score of 3.67, Weakness score of 1, Opportunity score of 4, and Threat score of 3, placing the implementation of *discharge planning* in Quadrant I (*Growth-Oriented Strategy*). These findings indicate that the hospital has strong internal capabilities and external opportunities to improve the implementation of *discharge planning* through early planning at patient admission, standardized educational materials, enhanced nurse competency, the use of educational media, and regular monitoring and evaluation. In conclusion, the implementation of *discharge planning* in the JS Inpatient Ward of IH Hospital Mojokerto has been carried out well; however, improvements in education, documentation, and nurse competency are still needed to enhance the quality of nursing services and ensure continuity of patient care.

Keywords: *discharge planning*, implementation, SWOT, nursing services.