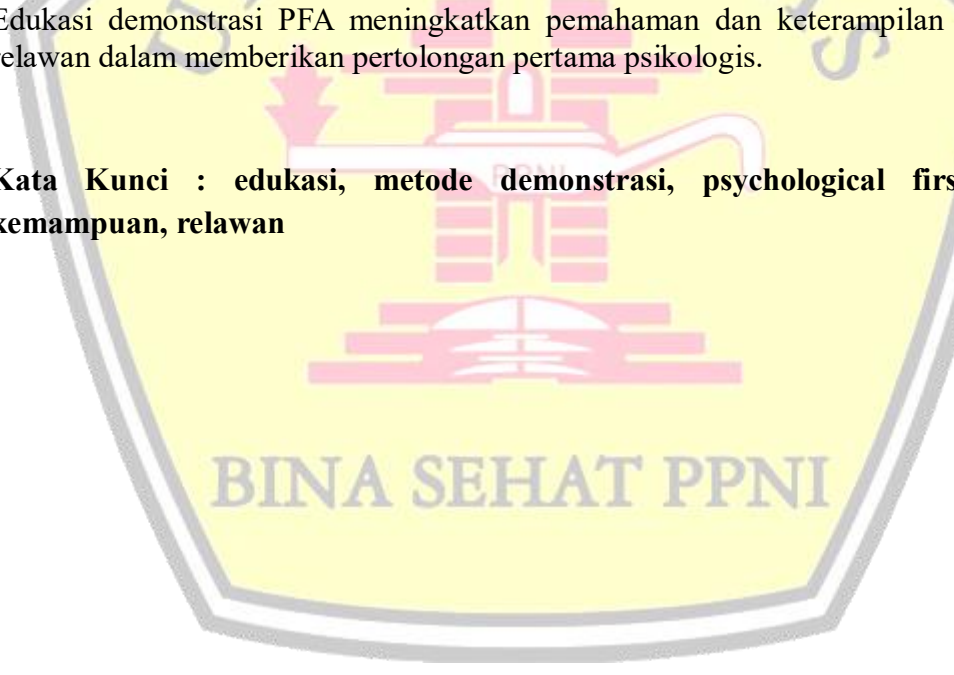


ABSTRACT**EFEKTIVITAS EDUKASI METODE DEMONSTRASI PSYCHOLOGICAL FIRST (PFA) AID TERHADAP KEMAMPUAN PADA RELAWAN PMI KOTA MOJOKERTO DALAM PENANGANAN KORBAN BENCANA****OLEH : RIRIN PRAMUDITA**

Bencana dapat menimbulkan dampak psikologis sehingga relawan perlu memiliki keterampilan Psychological First Aid (PFA) dalam penanganan awal korban. Penelitian ini bertujuan mengetahui efektivitas edukasi metode demonstrasi PFA terhadap kemampuan relawan PMI Kota Mojokerto. Penelitian menggunakan desain pre-eksperimental dengan pendekatan one group pretest-posttest. Sampel sebanyak 30 responden diperoleh melalui total sampling. Instrumen penelitian berupa lembar observasi yang telah diuji validitas konstruk, dengan 30 pertanyaan valid dari 33 pertanyaan. Analisis data menggunakan Uji Wilcoxon Signed Rank. Hasil menunjukkan sebagian besar responden memiliki kemampuan kurang sebelum edukasi (66,7%) dan kemampuan baik setelah edukasi (63,3%). Hasil uji menunjukkan $p\text{-value} = 0,000 < \alpha 0,05$, sehingga terdapat efektivitas edukasi metode demonstrasi PFA terhadap kemampuan relawan PMI Kota Mojokerto. Edukasi demonstrasi PFA meningkatkan pemahaman dan keterampilan praktis relawan dalam memberikan pertolongan pertama psikologis.

Kata Kunci : edukasi, metode demonstrasi, psychological first aid, kemampuan, relawan



BINA SEHAT PPNI

ABSTRACT**EFFECTIVENESS OF DEMONSTRATION METHOD EDUCATION OF
PSYCHOLOGICAL FIRST AID (PFA) ON THE ABILITY OF
MOJOKERTO CITY PMI VOLUNTEERS IN HANDLING DISASTER
VICTIMS****BY : RIRIN PRAMUDITA**

Disasters can cause psychological impacts, necessitating that volunteers possess Psychological First Aid (PFA) skills for the initial care of victims. This study aimed to determine the effectiveness of an educational intervention designed to enhance PFA capabilities among Mojokerto City Indonesian Red Cross (PMI) volunteers. A pre-experimental design with a one-group pretest-posttest approach was employed. A sample of 30 respondents was obtained through total sampling. The research instrument consisted of an observation sheet that had undergone construct validity testing, resulting in 30 valid questions out of the original 33. Data analysis was conducted using the Wilcoxon Signed-Rank Test. The results indicated that the majority of respondents possessed poor skills prior to the training (66.7%) but demonstrated good skills afterward (63.3%). The test results yielded a p-value of 0.000 (less than the significance level of $\alpha = 0.05$), demonstrating the effectiveness of the PFA education method in improving the capabilities of Mojokerto City PMI volunteers. PFA training enhances volunteers' understanding and practical skills in providing psychological first aid.

Keywords : education, demonstration method, psychological first aid, skills, volunteers