

ABSTRACT

THE DESCRIPTION OF MOTHERS' PARTICIPATION IN POSYANDU ACTIVITIES AT POSYANDU MAWAR 2, BLOOTO URBAN VILLAGE, MOJOKERTO CITY

By:

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Posyandu is a Community-Based Health Effort (UKBM) that plays an important role in providing promotive and preventive health services for mothers and children. Mothers' participation in Posyandu activities is important to support continuous monitoring of toddlers' growth and development. However, some mothers still do not participate optimally in Posyandu activities. This study aimed to describe mothers' participation in Posyandu activities at Posyandu Mawar 2, Blooto Urban Village, Mojokerto City. This study used a quantitative descriptive design. The study population consisted of mothers who had toddlers and were registered at Posyandu Mawar 2. A total of 42 respondents were selected using purposive sampling based on predetermined inclusion and exclusion criteria. Data were collected using a structured questionnaire regarding mothers' participation in Posyandu activities. The data were analyzed descriptively and presented as frequency distributions and percentages. The results provide a description of the level of mothers' participation in Posyandu activities based on the predetermined categories. This study is expected to provide input for cadres and health workers in improving mothers' participation, thereby supporting optimal monitoring of toddlers' health, growth, and development.

Keywords: Mothers' participation, Posyandu, toddlers, Posyandu activities.

BINA SEHAT PPNI

ABSTRAK

GAMBARAN PARTISIPASI IBU DALAM MENGIKUTI KEGIATAN POSYANDU DI POSYANDU MAWAR 2 KELURAHAN BLOOTO KOTA MOJOKERTO

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Posyandu merupakan Upaya Kesehatan Bersumberdaya Masyarakat (UKBM) yang berperan dalam memberikan pelayanan kesehatan promotif dan preventif bagi ibu dan anak. Partisipasi ibu dalam mengikuti kegiatan Posyandu penting untuk mendukung pemantauan pertumbuhan dan perkembangan balita secara berkesinambungan. Namun, masih terdapat ibu yang belum berpartisipasi secara optimal dalam kegiatan Posyandu. Penelitian ini bertujuan untuk menggambarkan partisipasi ibu dalam mengikuti kegiatan Posyandu di Posyandu Mawar 2 Kelurahan Blooto Kota Mojokerto. Penelitian ini menggunakan desain deskriptif kuantitatif. Populasi penelitian adalah ibu yang memiliki balita dan terdaftar di Posyandu Mawar 2. Sampel penelitian sebanyak 42 responden yang dipilih menggunakan teknik purposive sampling berdasarkan kriteria inklusi dan eksklusi yang telah ditetapkan. Pengumpulan data dilakukan menggunakan kuesioner terstruktur mengenai partisipasi ibu dalam mengikuti kegiatan Posyandu. Data dianalisis secara deskriptif dan disajikan dalam bentuk distribusi frekuensi serta persentase. Hasil penelitian memberikan gambaran mengenai tingkat partisipasi ibu dalam mengikuti kegiatan Posyandu berdasarkan kategori yang telah ditentukan. Penelitian ini diharapkan dapat menjadi bahan evaluasi bagi kader dan tenaga kesehatan dalam meningkatkan partisipasi ibu sehingga pemantauan kesehatan, pertumbuhan, dan perkembangan balita dapat terlaksana secara optimal.

Kata kunci: Partisipasi ibu, Posyandu, balita, kegiatan Posyandu.