

ABSTRAK

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Program Studi : Profesi ners
Judul KIAN : Penerapan Discharge Planning Diruang Rawat Inap Jasil RSGM
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Discharge planning merupakan komponen krusial dalam asuhan keperawatan yang menjamin kesinambungan perawatan mandiri pasien di rumah serta meminimalkan risiko rehospitalisasi. Pelaksanaan yang optimal sangat bergantung pada kompetensi manajerial dan pengalaman klinis perawat pelaksana. Dengan metode Studi deskriptif analitis ini bertujuan untuk mengevaluasi *penerapan discharge planning* di Ruang Rawat Inap Jasil RSGM. Pengumpulan data dilakukan pada April 2026 melalui wawancara, observasi, dan pengisian kuesioner oleh 17 responden perawat, yang kemudian dianalisis menggunakan analisis SWOT (*Strength, Weakness, Opportunity, Threat*). Hasil pengkajian menunjukkan mayoritas sumber daya manusia keperawatan berada pada usia produktif <35 tahun (70,6%), berpendidikan profesi Ners (76,5%), dan memiliki masa kerja matang >5 tahun (82,4%). Evaluasi kuantitatif menunjukkan bahwa implementasi *discharge planning* berjalan dengan sangat optimal, di mana 72,2% perawat berada dalam kategori baik, 16,7% dalam kategori sangat baik, dan hanya 11,1% dalam kategori cukup. Analisis SWOT mengonfirmasi posisi tata kelola klinis berada pada kuadran kekuatan-peluang (*Strength-Opportunity*), yang didukung secara struktural oleh ketersediaan Standar Prosedur Operasional (SPO) yang jelas. Karakteristik klinis yang matang serta jenjang pendidikan Ners berkorelasi positif terhadap efektivitas komunikasi terapeutik perawat saat memberikan edukasi pemulangan. Namun, tantangan berupa integrasi format penilaian awal ke dalam sistem *Electronic Medical Record* (EMR) masih memerlukan penyesuaian sistemik agar pendokumentasian dapat dilakukan secara berkala sejak pasien pertama kali masuk rumah sakit. Kesimpulannya, manajemen *discharge planning* telah diterapkan dengan sangat baik, namun optimalisasi sistem informasi digital mutlak diperlukan untuk efisiensi berkelanjutan.

Kata Kunci: *Discharge Planning*, Manajemen Keperawatan, Analisis SWOT, Mutu Pelayanan.

ABSTRACT

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Discharge planning is a crucial component of nursing care that ensures the continuity of patients' self-care at home and minimizes the risk of rehospitalization. Optimal execution relies heavily on the managerial competence and clinical experience of staff nurses. This descriptive analytical study aimed to evaluate the implementation of discharge planning in the Jasil RSGM. Data collection was conducted in April 2026 through interviews, observations, and questionnaires administered to 17 nursing respondents, which were subsequently analyzed using a SWOT (Strength, Weakness, Opportunity, Threat) framework. The assessment indicated that the majority of the nursing workforce was within the productive age of <35 years (70.6%), held a professional Nurse degree (76.5%), and possessed mature clinical experience of >5 years (82.4%). Quantitative evaluation revealed that discharge planning implementation operated optimally, with 72.2% of nurses categorized as good, 16.7% as very good, and only 11.1% as fair. The SWOT analysis confirmed that clinical governance positioned within the Strength-Opportunity quadrant, structurally supported by established Standard Operating Procedures (SOPs). Mature clinical profiles and higher nursing education levels positively correlated with the effectiveness of therapeutic communication during discharge education. However, the integration of initial assessment formats into the Electronic Medical Record (EMR) system remains a systemic challenge that requires alignment to enable periodic documentation from the moment of patient admission. In conclusion, while discharge planning management has been excellently implemented, optimizing the digital information system is imperative for long-term clinical efficiency.

Keywords: Discharge Planning, Nursing Management, SWOT Analysis, Quality of Care.