

RINGKASAN LAPORAN STASE *CONTINUITY OF CARE*

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Asuhan Continuity Of Care (COC) merupakan landasan model praktik kebidanan yang memberikan pelayanan berkelanjutan dan komprehensif, membangun kemitraan dan dukungan yang berkelanjutan, serta menumbuhkan saling percaya antara bidan dan klien. Tujuan dari asuhan ini yaitu untuk memastikan kesehatan ibu dan bayi serta pemantauan dari masa kehamilan, persalinan, nifas, neonatus dan KB serta deteksi dini terhadap komplikasi atau masalah. Dalam pendokumentasian asuhan Continuity Of Care (COC) menggunakan SOAP yang dilakukan kepada Ny “S” usia 23 tahun G1P0A0 di Desa Puri Kecamatan Puri Kabupaten Mojokerto. Penulis melakukan kunjungan sebanyak 10 kali yaitu: 1x kehamilan, 1x persalinan, 4x nifas, 3x neonatus dan 1x KB. Pada masa kehamilan, ibu mengeluhkan gelisah menjelang persalinan dengan hasil pemeriksaan dalam batas normal, sehingga diberikan edukasi mengenai tanda persalinan, dukungan psikologis, aktivitas ringan, dan konsumsi vitamin. Persalinan berlangsung fisiologis tanpa komplikasi. Masa nifas berjalan normal dengan hasil kunjungan menunjukkan involusi uterus baik, luka perineum kering, ASI lancar, serta diberikan edukasi mobilisasi dini, nutrisi, personal hygiene, dan ASI eksklusif. Kunjungan neonatus dilakukan sebanyak 3 kali, tidak terdapat keluhan sehingga didapatkan hasil keadaan normal dan sesuai dengan teori. Kunjungan pada masa KB, berjalan dengan baik sehingga sesuai dengan teori yang ada dan ibu memilih KB implan. Asuhan kebidanan yang diberikan sesuai teori dan standar pelayanan, dengan hasil ibu dan bayi dalam kondisi baik serta respons positif terhadap seluruh anjuran. Untuk asuhan dimasa kehamilan, persalinan, nifas, neonatus dan KB tidak ada kesenjangan antara fakta dan teori yang ada. Dengan adanya pemantauan secara berkelanjutan yang memberikan manfaat serta asuhan ini juga dapat meningkatkan kesejahteraan ibu dan bayi.

Kata Kunci: *Asuhan Continuity of Care (COC), Kehamilan dan Persalinan, Masa Nifas dan Neonatus, Keluarga Berencana (KB), Kebidanan Komprehensif.*

SUMMARY

OBSTETRIC CARE FOR MRS. "S" AGED 23 YEARS

IN PURI VILLAGE PURI DISTRICT

MOJOKERTO REGENCY

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Continuity of Care is the foundation of a midwifery practice model that provides continuous and comprehensive services, builds ongoing partnerships and support, and fosters mutual trust between midwives and clients. The purpose of this care is to ensure the health of the mother and baby as well as monitoring of pregnancy, childbirth, postpartum and neonatal care as well as early detection of complications or problems. In documenting the care using SOAP carried out on Mrs. "S" aged 23 years G1P0A0 in Puri Village, Puri District, Mojokerto Regency. The author made 10 visits, namely: 1x pregnancy, 1x childbirth, 4x postpartum period, 3x neonatal and 1x birth control. During pregnancy, mothers complain of anxiety before childbirth with the results of the examination within normal limits, so they are given education about the signs of childbirth, psychological support, light activity, and vitamin consumption. Childbirth takes place physiologically without complications. The postpartum period runs normally with the results of the visit showing good uterine involution, dry perineal wounds, smooth breastfeeding, and provided education on early mobilization, nutrition, personal hygiene, and exclusive breastfeeding. Neonatal visits were carried out 3 times, there were no complaints so that the results were obtained in normal circumstances and in accordance with the theory. The visit during the family planning period went well so that it was in accordance with the existing theory and the mother chose implantable birth control. Midwifery care provided is in accordance with theory and service standards, with the results of the mother and baby in good condition and a positive response to all recommendations. For care during pregnancy, childbirth, postpartum and birth control, there is no gap between the facts and the existing theories. With continuous monitoring that provides benefits and care, it can also improve the welfare of mothers and babies.

Keywords: Continuity of Care, Pregnancy, Childbirth, Postpartum, Neonatal, Family Planning (FP)